Complex Toolbox for VOLUNTEERS

Preparing and Running International Projects

Catalogue of good practices

EU project implementation by volunteer organisations



Co-funded by the Erasmus+ Programme of the European Union Project number: 2019-1-IT02-KA204-063430

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CTV "Complex Toolbox for Volunteers on preparing and running international projects" aims to develop the skills of volunteers in **planning** and **managing European** and **international projects**, to enhance their **digital skills**, **intercultural competence**, their sense of **initiative** and **entrepreneurship**. Volunteer organisations, particularly those that are not part of international projects, will therefore be able to increase their capacity, **gain new sources of funding**, run more **effective operations** and establish **new international networks**. Local and regional adult education, and vocational education and training providers will be able to diversify their offer by including the resources developed into their educational curricula.

Objectives:

To improve and extend the supply of high quality learning opportunities tailored to the needs of volunteers, especially the ones not involved in international projects.

To increase the capacity of volunteer organisations to operate transnationally, and to develop and reinforce European networks.

To develop digital learning materials and tools, and support the effective use of digital technologies in education and training.

To disseminate widely the results in order to reach as many volunteers as possible, and volunteer organisations throughout the European Union.







INTEGRAL PROJECT IN "A LIMIA"

- Name of the project: INTEGRAL PROJECT IN "A LIMIA"
- Website: Not available
- Project type / Field:

Inclusion, Rural development and urban regeneration, Youthwork

• Short description of the project:

With this project we carry out, we try to encourage the youngest, who do not have the same opportunities as inhabitants of other places to live in a rural area, depopulated, aged and with serious deficiencies in transport and communication, thus promoting the enterprising spirit, initiative and encouraging them to participate in European projects.

- Lead organization:
 - Name: Centro de Desenvolvemento Rural O Viso
 - **Short description**: In the Center for Rural Development "O Viso" we are working effortlessly to move a rural area that can be visisted to a habitable and inhabited rural environment
 - Country: Spain
 - Address: Rúa da Igrexa s/n Lodoselo 32696 Sarreaus (Ourense)
 - Website: http://www.cdroviso.org/
 - **Contact**: info@cdroviso.org

Partners:

- Partner 1:
 - Name: Pi Youth Association
 - Short description: Enounces its sensitiveness about human rights at the letter of commitment represented to UN. For this subject it exercises due diligence at its projects and activations conducted. Especially the youth in particular to classified as woman, person with disability, refugee, minority and in disadvantaged on the subject of sociality, economy, geography etc. – each individual who lives in Turkey (between 15- 30 years) is focus group of Pi Youth Association
 - Country: Other
 - Address: Akdeniz Mah. 1353 Sokak No:1 Taner İş Hanı Kat:5 D:503 35210 Esmirna, Provincia de Esmirna, Turkey
 - Website: http://www.pigenclikdernegi.org/en/home
 - Contact e-mail: iletisim@pigenclikdernegi.org
- Partner 2:
 - Name: Associazione Vicolocorto
 - Short description: It is specialized in youth work and it operates in the fields of non-formal and extra-school education; intercultural learning, promotion of youth mobility, volunteering and youth participation; study and research on youth policies and activities.

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Vicolocorto's projects focus on the empowerment of young people, enhancing their role in the creation of a better civil society and European citizenship through their active participation. The Association has gained a broad experience in the field of youth policies and international mobility, involving many young people in international projects and hosting more than 20 projects so far. The Association can rely on a specialised team of trainers and youth workers, who gained experience through training courses in formal and non-formal education context and working side by side with youth.

- Country: Italy
- Address: VIA PAOLI 39, 61122, PESARO PU, Italy
- Website: http://www.vicolocorto.org/
- Contact e-mail: info@vicolocorto.org







- Aims and Objective of the project: It is expected that there will be a positive impact, fulfilling the objectives previously set. We hope that the volunteer acquires abilities to work in a team, linguistic competences, ability to plan and organize activities and projects, fostering and promoting initiative and entrepreneurial spirit and, above all, contributing to the employability of the participants. We can affirm that in our organization the planned objectives are always fulfilled, since the programmed activities that are carried out are thought and programmed for it. What we want and want is that the person acquires the highest possible skills and competences, in order to improve both personal and professional development.
- Impact of the project on the local community: We intend to have an impact at local, regional, national and international level.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Rural development an durban regeneration. Inclusion. Youthwork
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Bridges over Culture

- Name of the project: Bridges over Culture
- Website: <u>https://www.goinpro.org/en/bridges-over-cultures/</u>
- Project type / Field:
 - International exchange/ Intercultural experience/ social work/ education
- Short description of the project:

A description from the official website of the organization below: "Bridges over Culture is a European Volunteering Service project we received funds for in order to make it possible for a Polish volunteer, Justyna to stay in Russia for a period of one year. During her stay in St. Petersburg, from October 2018 to September 2019, Justyna helped in the implementation of the School for All activity. It involves working with families to prevent children from living in the orphanage. Justyna was involved both in helping at the daycare center for children between 6 and 16 years old, as well as in running the so-called Employment center for minors and adults with developmental disabilities."

- Lead organization:
 - Name: INPRO Assosiation Poland
 - **Short description**: INPRO Assosiation consists of international team members a group of friends who decided to join together and form an organization which will work on joint initiatives. These are experienced volunteers. The members of assosiation belive that international aspects and intercultural experience shape the right attitudes. INPRO's focus is on self-development of young people from Rzeszow city (Poland) and local communities.
 - Country: Poland
 - Address: Plac Dworcowy 1 35-201 Rzeszów
 - Website: https://www.goinpro.org/pl/kontakt/
 - Contact: office @ goinpro.org
- Partners:
 - Partner 1:
 - Name: St. Petersburg Charity Organization Perspectivy
 - Short description: From official website of the organization: "Perspectives is a collective of charity organizations working to better the lives of disabled children and adults in Saint Petersburg, Russia. Officially started in Germany in 1992, Perspectives has provided care for physically and mentally disabled children and adults, and supported families raising disabled children for over 20 years. In times of personal and social turmoil, we have consistently served as a helping hand for those who have had nowhere to turn."
 - Country: Russia
 - Address: 191180, St.Petersburg, Gorokhovaya ul, 64-17
 - Website: <u>https://perspektivy.ru/eng/our-projects/</u>
 - Contact e-mail: office@perspektivy.ru







- Aims and Objective of the project: The main aim was to support the local community of daycare center for children in St. Petersburg and the Employment center for minors and adults with developmental disabilities. The institutions gained a volunteer with an open heart and ready to work hard. At the same time Justyna gained experience in social work and was able to create a cultural bridge.
- Impact of the project on the local community: From official website of INPRO: "Justyna spent time with children, developing self-acceptance and respect in them, encouraging them to be independent, gain new experience, to move, while taking care of their safety. Justyna played with children, giving them a chance to fulfill their natural need to play. She also cooperated with the teacher, having her share in the development of the children."
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Volunteers implement the project.
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project
 outcomes: <u>https://www.goinpro.org/en/blog/2019/03/20/evs-in-russia/</u>
- Keywords: Intercultural, international exchange, social work
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







Time's up! Team up!

- Name of the project: Time's up! Team up!
- Website: <u>https://www.goinpro.org/pl/times-up-team-up/</u>
- Project type / Field:
 - International exchange/ Intercultural expereince/ culture/ education
- Short description of the project:

A project planned for 2021. There will be three groups of international volunteers visiting a Polish city (city of Rzeszow) for 7 weeks - 48 people with fewer opportunities, divided into 3 groups of 16 volunteers each. They will help organize city events: international picnics and festivals. Volunteers will be provided with accommodation and pocket money. Moreover, they will be paid back the expenses conntected to traveling to Poland. The project is part of European Solidarity Corps.

- Lead organization:
 - Name: INPRO Assosiation Poland
 - Short description: INPRO Assosiation consists of international team members a group of friends who decided to join together and form an organization which will work on joint initiatives. These are experienced volunteers. The members of assosiation belive that international aspects and intercultural experience shape the right attitudes. INPRO's focus is on self-development of young people from Rzeszow city (Poland) and local communities.
 - Country: Poland
 - Address: Plac Dworcowy 1 35-201 Rzeszów
 - Website: https://www.goinpro.org/pl/kontakt/
 - **Contact**: office @ goinpro.org
- Aims and Objective of the project: The project aims to provide intercultural/ international experience for the volunteers and local communities of Rzeszów city. The volunteers will gain knowledge and new competences on orgaizing city events; especially international ones.
- Impact of the project on the local community: Local community will have a chance to learn about new cultures and tradition which will shape the EU attitude of openess and understanding. At the same time the volunteers will gain knowledge and learn new skills since they will also take part in workshops. Official INPRO website: "The volunteers help in ongoing activities, projects and events as well as they have space to realize their own ideas. They also work with multimedia making videos, promotional materials, organizing educational campaigns. They can host workshops, organize events it depends on their ideas and ongoing possibilities."
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 80%
- The volunteers: The volunteers implement the project.
- Funding / EU programme co-funding the project: EU programme European Solidarity Corps programme.
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes:
 <u>https://www.goinpro.org/en/a1-team-one/</u>
- Keywords: Intercultural, international exchange, city events, promotional materials
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







ECOLOGY ON THE TABLE

- Name of the project: ECOLOGY ON THE TABLE
- Website: Not available
- Project type / Field:

Climate action, environment and nature protection, Culture, Equality and non-discrimination

Short description of the project:

The project "Ecology on the table" aims at giving a young girl from Morroco the opportunity to have a cultural and ecological learning experience in Asturias. At the same time, we aim at giving young people living in Asturias the chance to interact with a young girl from Morroco in a context of non-formal education, ecology and tolerance

- Lead organization:
 - Name: Asociación Cultural Vuelta Asturias
 - Short description: The cultural exchange organisation VUELTA was founded in 2011 based in the vision to promote social justice and guarantee peace. The organization's mission is to: include people at risk of social exclusion in cultural learning and mobility programs. practice an education free of prejudices. foment confidence and understanding between socially and culturally diverse people.
 - Country: Spain
 - Address: Joaquín Costa 48 33011 Oviedo
 - Website: https://vueltaorg.wordpress.com/
 - Contact: vuelta@riseup.net

Partners:

- Partner 1:
 - Name: HUETA LIBÉLULA
 - Short description: The Asociación Agroecológica Libélula Huerta is a collective project that works to develop the principles of agroecology. We try to establish relationships of care that revolve around the people, the land and the fruits of these seeds.
 - Country: Spain
 - Address: El Caliero d´atrás -33401 Avilés (Asturias)
 - Website: http://libelulahuerta.blogspot.com/
 - Contact e-mail: <u>libelula_huerta@yahoo.es</u>
 - Partner 2:
 - Name: Amina
 - Short description: Volunteer
 - Country: Other
 - Address: Morocco
 - Website: Not available
 - Contact e-mail: Not available
- Aims and Objective of the project: The long-term aims of the project are to improve the collaboration between the hosting and supporting organization and thus improve quality in youth work, work towards social inclusion and equality and enhance environmental consciousness.
- Impact of the project on the local community: We expect learning impacts in the volunteer about ecological agriculture, climate change, food sovereignty, as well as the asturian culture. In the hosting and coordinating organisation and it's sorrounding we expect learning about Morroco and increase of sensiblization for social justice.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- · Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Equality and non-discrimantion-climate action, enviroment and nature protection and culture
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Spread the solidarity

- Name of the project: Spread the solidarity Armenia-Poland-Europe
- Website: <u>http://eks.aktywnekobiety.org.pl/projekt-armenia/</u>
- Project type / Field:
- intercultural experience, sharing experience, education
- Short description of the project:

Polish volunteers visit Armenia in order to work with children and young people. The outcome is the deveopment of local community. Polish volunteers organize activities at "European Club" in Armenia: sharing experience, art., linguistic, musical, sport classes and workshops and more.

- Lead organization:
 - Name: Active Women Association
 - Short description: The below description was adapted from the official website of the assosiation. Active Women Association is a nongovernmental, non-profit organization that has been operating locally, regionally and internationally since 2002. Its mission is to promote equality, social inclusion, civic participation and democratic development. The members of the Assosiation want everyone - regardless of gender, age, religion, nationality and social situation - to have chances and opportunities to realize their full potential. They want everybody to have access to education and career opportunities, power, resources and happiness. Main field of operation: European Solidarity Corps projects based on non-formal education; counteracting stereotypes, prejudices, social exclusion and pathologies; protecting human rights
 - Country: Poland
 - Address: ul 3 maja 11, Sosnowiec, 41-200
 - Website: http://eks.aktywnekobiety.org.pl/kontakt/
 - Contact: eduproject.sak@gmail.com
- Partners:
 - Partner 1:
 - Name: CCMS (Centre for Community Mobilization and Support)
 - Short description: The aim of the organisation is to support the participatory community development in the Republic of Armenia, in order the community members can deeply realize their sense of ownership, community consolidation, find out the problems in the community, decision and solution of priorities in the potential of their community, and ensure youth consolidation and participation.
 - Country: ARMENIA
 - Address: Sayat-Nova 14/35, Alaverdi, Lori Region, RA Alaverdi 1702
 - Website: <u>http://www.armccms.org/</u>
 - Contact e-mail: ccms.ngo@gmail.com
 - Aims and Objective of the project: The below description is a translation of the material available on official website of the leading
 organization. The main aim is intercultural dialogue, informal education, preventing social exclusion and working with Armenian youth.
 The volunteer will take care of campaigns in social media, conducting weekly development activities, workshops, games for young
 displaced people. Volunteer's profile: An adult aged 18-30, interested in social work and educating young people (Internally Displaced
 Persons).
- Impact of the project on the local community: The presence of volunteers in Alaverdi gives the local community positive energy, motivation to act and a look at new perspectives. Each of the volunteers participating in the project, apart from co-organizing the European Club and activities related to it, shares their passions and skills with the community.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 80%
- The volunteers: Implement the project
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: <u>http://eks.aktywnekobiety.org.pl/relacje/</u>
- Keywords: Armenia, volunteers from Poland, education, workshops, children, young people, Internally Displaced Persons
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







HIRAETH

• Name of the project: HIRAETH

• Website: Not available

- Project type / Field:
 - Climate action, environment and nature protection, Employability and entrepreneurship, Inclusion
- Short description of the project:

Our goal is to develop solidarity and promote tolerance among young volunteers. It will also promote active citizenship and mutual understanding among the youth involved. This volunteering project, in terms of sustenance, is explained through a series of environmental education and communication, conservation and development activities.

- Lead organization:
- Name: Sustinea
 - Short description: It focuses on Sustainable Development as an alternative to natural degradation and as a solution to local needs. Our aims are the study, dissemination and defence of the environment, and the promotion of a possible and necessary change in the relationship between human beings and nature in a sustainable model, hence the name of the association.
 - Country: Spain
 - Address: Avenida das Caldas nº8 entresuelo derecho 32001 Ourense
 - Website: http://www.sustinea.org/
 - Contact: info@sustinea.org

Partners:

- Partner 1:
 - Name: Stichting EcodorpenNetwerk
 - Short description: The Dutch ecovillage network (ecodorpen netwerk/GEN-NL) is active since 2013 and established as a foundation in 2015. In the
 network 35-40 community initiatives and ecovillages in the Netherlands are actively involved. The aims of the network include support of existing and
 emerging initiatives, lobby, research, education, information and networking.
 - Country: Netherlands
 - Address: Waalbandijk 8, 4064 CB, Varik,
 - Website: <u>http://www.ecodorpennetwerk.nl%20/</u>
 - Contact e-mail: info@gen-nl.nl
- Partner 2
 - Name: ProAtlântico Associação Juvenil
 - Short description: ProAtlântico Associação Juvenil is a non-profit youth organisation, founded in 2001 in Oeiras Council, based in Vila Fria (Porto Salvo) and carries out projects that aim the occupation of free time at the same time that gives the chance to young people to promote their active participation by taking part in European youth projects and in local voluntary activities. ProAtlântico develops its work based in partnership with local Social Care organisations like Foster Homes, Support Centers for People with Disabilities, Senior Daily Centers offering the chance to their target groups to take part in the projects.
 - Country: Portugal
 - Address: VENIDA DRA LAURA AYRES 60, 2740 048, OEIRAS,
 - Website: <u>http://www.proatlantico.com/</u>
 - Contact e-mail: sveenvio@proatlantico.com
- Aims and Objective of the project: Our goal is to develop solidarity and promote tolerance among young volunteers. It will also promote active citizenship and
 mutual understanding among the youth involved. This volunteering project, in terms of sustenance, is explained through a series of environmental education and
 communication, conservation and development activities.
- Impact of the project on the local community: Through the learning experiences, our volunteers will improve and acquire skills for their personal, educational and professional development, as well as for their social integration. With this Volunteering Project, from Sustinea, we support the transnational volunteer work of young people.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Employability and entrepreneurship Climate action, environment and nature protection Inclusion
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Dzieci Madagaskaru - Volunteering in Madagascar

- Name of the project: Dzieci Madagaskaru Volunteering in Madagascar
- Website: https://www.dziecimadagaskaru.pl/wolontariat-w-afryce/#
- Project type / Field:
- Volunteering in Africa, education, humanitarian relief
- Short description of the project:

The Polish Foundation Ankizy Gasy – Children of Madagaskar is cooperating with local educational institutions in Madagascar (schools, kindergarten). The aim is to support these istitutions and take care of the children in Madagascar. This is done by various volunteering programmes of the Foundation - volunteers from Poland arrive in Madagascar to teach children, organize school activities and help build and renovate schools.

- Lead organization:
 - Name: Foundation Ankizy Gasy Children of Madagaskar
 - Short description: The foundation started in 2011. It is a Polish organization which aim is to support educational institutions in Madagascar. The foundation also takes care of the children in this part of Africa. It cooperates with other similar organizations that support Madagascar region. Nevertheless, the essential element of their activities would be volunteers who visit Madagascar to help.
 Country: Poland
 - Address: ul. Topolowa 1 63-004 Szewce
 - Website: <u>https://www.dziecimadagaskaru.pl/o-nas/</u>
 - Contact: wolontariat@dziecimadagaskaru.pl
- Partners:
 - Partner 1:
 - Name: Saint Joseph College
 - Short description: A school located in Madagascar.
 - Country: Madagascar, Africa
 - Address: BP 12 Ambohidratrimo 105 Madagascar
 - Website: N/A
 - Contact e-mail: N/A
- Aims and Objective of the project: The aim of the project is to support children and education in Madagascar which is one of the poorest countries around the globe. This will be achieved thanks to volunteers from Poland students and teachers and other partner organizations.
- Impact of the project on the local community: Thanks to the work of volunteers the children in Madagascar have better access to education, especially foreign languages. Moreover during specific projects, they can be taken care of volunteers (students from medical universities in Poland), visit the schools in Madagascar and examine the children. Thus, the general well-being of the little patients is monitored.
- Roles of the volunteers in which percentage the project has been implemented by volunteers: Implementing the project
- Funding / EU programme co-funding the project: OWN
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: <u>https://www.dziecimadagaskaru.pl/wspomnienia-wolontariuszy/</u>
- Keywords: Madagascar, children, students, education, renovating schools
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







Day time center for disable people in Bosnia Erzegovina

- Name of the project: Day time center for disable people in Bosnia Erzegovina
- Website: http://www.molisesorriso.it/
- Project type / Field:
 - Inclusion, Reception and integration of third-country nationals, Social assistance and welfare
- Short description of the project:

For three years Molisesorriso OdV managed the day center in Mostar (Bosnia) which directly involved 15 severely disabled and economically very disadvantaged people. The centers offered to the user numerous activities from Monday to Friday from 9:00 to 16:00, including the lunch. Also more than one hundred disabled people, users of the "SUNCE" association of Mostar, with which we managed the center were indirectly involved. For 12 years, every year, 30/35 Molise families have welcomed as many minors residing in Bosnian institutions for about 45 days a year. From 2011 to 2019, every year, the Molisesorriso volunteers hosted a group of 6/8 disabled people residing in Bosnian institutions (SOS of Tuzla and "Dom Porodica of Zenica").

- Lead organization:
 - Name: Molisesorriso OdV
 - **Short description**: Since 2007 we have been dealing with international solidarity (until 2019 temporary reception of Bosnian minors in the Molise Region). Volunteering has always been active in our region to help minors and their economically disadvantaged families.
 - Country: Italy
 - Address: Molisesorriso OdV c/o Terzo Spazio via Cirese SNC 86100 Campobasso (Italia)
 - Website: http://www.molisesorriso.it/
 - Contact: info@molisesorriso.it
- Partners:
 - Partner 1:
 - Name: associazione "SUNCE" Mostar- (BiH)
 - Short description: The oragnization deal with disability in Monstar
 - Country: Other
 - Address: Udruzenje sunce Mostar Juzni logor bb Mostar 88104 Bosna i Hercegovina
 - Website: <u>https://udruzenje-sunce-mostar.business.site/?utm_source=gmb&utm_medium=referral</u>
 - Contact e-mail: sunce.mostar@yahoo.com
- Aims and Objective of the project: Work for the social inclusion of disable people in Bosnia
- Impact of the project on the local community: Over the years, the beneficiaries have acquired knowledge and skills that they have been able to spend in their community demonstrating their abilities and potential to themselves and to others.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Planned the project Managed the project Have been involved in the implementation
- Funding / EU programme co-funding the project: Own funding Crowdfunding
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "Thanks again and again to Molisesorriso association for what they wer able to do"
- Keywords: Disable, association, volunteering
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Mental health is everyone's business

- Name of the project: Mental health is everyone's business
- Website: Not available
- Project type / Field:

Equality and non-discrimination, Health and wellbeing, Inclusion

Short description of the project:

The project is located in different centres of our association in the city of Albacete. The volunteer will carry out their activity in all the centres so they can know the diversity of the projects and activities that AFAEPS works on to enable the recovery and reintegration of people with mental illness. The services that the volunteer will take part in are the following: Community Residence, Inclusive Leisure Time Program in supervised housing, support for Centre for Psychosocial and occupational Rehabilitation programs the volunteer will have an opportunity to get to know the employment and occupation activities in our Supervised Employment Centre as well as our formation centre and recruiting agency.

- Lead organization:
 - Name: Asociacion de familiares y amigos de personas con enfermedad mental
 - Short description: La Asociación de Familiares y Amigos de Personas con Enfermedad Mental (AFAEPS), constituida el 4 de mayo de 1992, es una Entidad sin ánimo de lucro, declarada de Utilidad Pública por el Ministerio del Interior y de Carácter Social por la Agencia Estatal de Administración Tributaria. La Misión principal de AFAEPS es la mejora de la calidad de vida de las personas afectadas por una enfermedad, así como la de sus familiares.
 - Country: Spain
 - Address: Travesía de la Igualdad nº3 02006 Albacete
 - Website: <u>http://www.afaeps.org/</u>
 - **Contact**: afaeps@afaeps.org
- Partners:
 - Partner 1:
 - Name: Organisation from Germany
 - Short description: Not available
 - Country: Germany
 - Address: Not available
 Website: Not available
 - Contact e-mail: Not available
 - Contact e-mail: Not available
- Aims and Objective of the project: The main goal of the project is to empower people with mental illness in their process of recovery by improving their quality of life and providing the society with the positive image of this group of people which enables their social inclusion.
- Impact of the project on the local community: Thanks to the new approach and the positive outlook that the volunteers will gain, they will be able to continue their work in their counties providing the ideas and solutions they found effective here. As well as that it is important for us that the volunteers perceive themselves as active agents of the recovery process of the users of the association.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Managed the project Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Equality and non-discrimination. Inclusion. Health and wellbeing
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







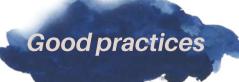
Volunteering in kindergarten

- Name of the project: Volunteering in kindergarten
- Website: https://ii.org.pl/wordpress/?p=433
- Project type / Field:
 - International volunteers needed in kindergarten, education/ English classes
- Short description of the project:

This is a project for volunteering in a Polish kindergarten - there are 2 places for EU citizens. The below description is translation of the material available online (lead organization's website). Place of the volunteering is a public kindergarden located in a green, beautiful destrict of Warsaw - Sadyba. There are currently about 100 children in the kindergarden. Fully equipped building and a green outdoor area with various play equipment, provides children with a wonderful experience and opportunity to play. Acquired and developed competences: the ability to transfer knowledge, interpersonal communication, the ability to express yourself in the forum, project management skills, expressing thoughts in an understandable way, the ability to control the group and deal with stressful situations, stimulating creativity, using art and entertainment in integrating the local community, the ability to find partners and co-implementers for the project. The above competences will be acquired and developed through non-formal learning. 2 volunteers share a 2 room flat in a nice, modern building located next to a shopping mall (with dozen of shops, restaurants and a cinema) and 10 minutes walk from kindergarden. Volnteers are provided with money for food and local transport. Volunteers receive also pocket money. The project is open only for the citizens of the EU.

- Lead organization:
 - Name: Instytut Innowacji Foundation
 - Short description: The foundation's mission is to implement innovative social projects. Instytut Innowacji aims to: focus on new technology and innovative solutions promote international cooperation organize workshops, conferences, training and provide consultancy focus on develolment of local communities promote volunteering support scientists focus on social and professional integration of groups at risk of social exclusion focus on action to respect the rights and support the social and professional integration of migrants and refugees
 - Country: Poland
 - Address: Al. Jerozolimskie 65/79 00-697 Warszawa, Polska
 - Website: <u>https://ii.org.pl/wordpress/?page_id=26</u>
 - Contact: ii@ii.org.pl
- Aims and Objective of the project: The aim of the project is to promote volunteering and intercultural experience in kindergarten. Volunteers from EU countries are welocme to join the team and help with everyday activities in kindergarten playing with children, helping with the meals. They will also learn to communicate and interact effectively in international environment.
- Impact of the project on the local community: The children will have a chance to meet people from abroad, possibly of different cultures and traditions this will help to build an attitude of openess and friendship. They will also be able to learn a foreign language. Additinally, the activities in kindergarten will become more interesting and innovative.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Implement the project
- Funding / EU programme co-funding the project: OWN
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: N/A
- Keywords: volunteering in kindergarten, working with children, foreign language
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







BEYOND THE OBSTACLE

- Name of the project: BEYOND THE OBSTACLE
- Website: Under costruction_
- Project type / Field:
 Inclusion
- Short description of the project:

Experimental project for the work inclusion of people with behavioral and / or autism spectrum disorders through the formation of sheltered workshops and specific customized projects in the field of catering, evaluated and prepared by the NPI Rehabilitation Center of AsreM of Campobasso with the partnership of the Ristorante da Tonino di Bojano which, in addition to training, has activated protected workshops as an alternative to work placement. This project was financed with the 2014-2020 Regional Operational Program (Thematic Objective 9) Resolution of the Regional Council of 25 February 2018, n.126 Axis 7 - Social inclusion and fight against poverty Objective 7.3 Strengthening the social economy Action 7.3.1 -Testing of some social innovation projects in the social economy sector also sponsored by the Municipality of Bojano. As part of the same activity, on the occasion of the international day on Autism of 2 April 2019, together with all the Associations present in the Bojano area, a conference and an awareness raising activity was organized also within schools, on the issues and on the needs of the territory, opening a discussion and planning table with concrete testimonies. **Lead organization:**

- Name: Associazione di volontariato "il Mondo e Noi", iscritta al n.572 nel registro regionale del MOLISE di cui alla L.R. n. 10/2007
 - Short description: L'Associazione di volontariato "il Mondo e Noi" si è costituita nel ottobre del 2015 a seguito di un'idea nata tra le famiglie con la presenza di figli con diagnosi di autismo e disturbi cognitivi comportamentali, al fine, di evitare l'isolamento e sensibilizzare e promuovere la cultura della parità. Le finalità: Favorire il benessere in termini di welfare quindi di speranza di vita. Favorire l'inclusione sociale e lo sviluppo della cultura della salute, dell'istruzione delle pari opportunità e del benessere. Garantire a tutti l'accesso ai diritti fondamentali, mettere nelle condizioni tutti di poterne fruire in eguale misura e tutelare i soggetti deboli e marginali. Potenziare l'accrescimento della consapevolezza per l'abilitazione e lo sviluppo delle competenze per favorire l'autonomia delle persone con disabilità grave e una migliore gestione della vita quotidiana. Favorire la prevenzione e la limitazione delle situazioni di non-benessere, che possono impedire al soggetto una vita dignitosa. Garantire il diritto allo studio, diritto che ne riconosce la dignità, che deve essere salvaguardato anche attraverso l'azione dei pubblici poteri. Tutelare il "Principio di equivalenza delle cure" sancito come inderogabile.
 - Country: Italy
 - Address: Sede legale VIA OREFICE N. 60 CAMPOBASSO CAP 86100
 - Website: in fase di realizzazione
 - Contact: ILMONDOENOI@GMAIL.COM
- Partners
 - Partner 1
 - Name: Comune di Bojano
 - Short description: ente locale
 - Country: Italy
 - Address: P.zza Roma 153 cap 86021
 - Website: http://www.comune.bojano.cb.it/
 - Contact e-mail: protocollo@pec.comune.bojano.cb.it
 - Partner 2
 - Name: Ristornate Pizzeria da Tonino
 - Short description: ente privato con esperienza nel campo della ristorazione
 - Country: Italy
 - Address: Via Sant Antonio Abate Snc Bojano cap 86021
 - Website: https://ristorantepizzeriadatonino.it/
 - Contact e-mail: alessnadromosca@gmail.com
 - Partner 3
 - Name: AsreM
 - Short description: Azienda Sanitaria Regionale
 - Country: Italy
 - Address: via Ugo Petrella Campobasso 86100
 - Website: https://www.asrem.gov.it/
 - Contact e-mail: asrem@pec.it







- Aims and Objective of the project: L'inserimento lavorativo dell'adulto autistico è un processo molto complesso, non standardizzato, che quindi va costruito giorno per giorno, adattandolo al soggetto ed al suo contesto lavorativo. Il progetto si è posto come obiettivo quello di fornire a soggetti autistici (ed alle loro famiglie) una proposta lavorativa che mirasse a valorizzare le abilità di ciascuno dei partecipanti, attraverso la creazione di una rete di comunicazione, di formazione e di informazione tra famiglie ed istituzioni. La realizzazione del Progetto suddetto ha previsto numerose fasi, dall'analisi dei rischi e delle risorse dei soggetti autistici da inserire, alla preparazione al lavoro degli stessi, al processo di inserimento lavorativo, all'adattamento del luogo di lavoro.
- Impact of the project on the local community: Tutto questo è stato reso possibile da un sistema integrato di interventi e servizi sociali, attraverso la creazione di una "rete" che ha coinvolto le famiglie, le professionalità socio-sanitarie, i titolari ed il personale della struttura ospitante l'evento formativo, le Istituzioni, le Associazioni ecc.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 80%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "riconosce le diverse abilità come punto di forza per garantire autonomia"
- Keywords: inclusione
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







PRACTICES IN A WALDORF KINDERGARDEN

- Name of the project: PRACTICES IN A WALDORF KINDERGARDEN
- Website: Not available
- Project type / Field:
- Culture, Education and training, Skills development
- Short description of the project: The project refers mainly to Education and its main objective is to facilitate an intercultural education to the children of the school through contact with people from other countries. It is important for us what our project offers to volunteers and also to our team, very different experiences on a personal level.
- Lead organization:
 - Name: Asociación Escuela Libre La Casa del Sol
 - Short description: In 1989, a group of parents and friends of this pedagogy began to form in Gran Canaria who, out of concern for the education of their children, found in Waldorf Pedagogy the right answers to understand and put into practice the maturing process of children, young people and human beings in general. From that moment on, conferences, courses, exhibitions, artistic and manual activities, playgroups, etc. were set up, all of which were to lay the foundations for the birth of "La Casa del Sol".
 - Country: Spain
 - Address: Pasaje del Roble, 19 35412 Arucas
 - Website: <u>http://www.escuelacasadelsol.es/</u>
 - Contact: http://www.escuelacasadelsol.es/
- Aims and Objective of the project: This contributes to the volunteers, with the team every year, through waldorf pedagogy, to see themselves through the children in a simple, routine day-to-day, doing simple tasks from sweeping, scrubbing, preparing breakfast with the children until more artistic tasks such as painting with acuerelas, working with wool, All these simple tasks with the children create a relationship between both parties that contribute to that personal growth in the volunteer. All these objectives are linked to the objectives of the program and are carried out on a day-to-day basis with children and training given to them on waldorf pedagogy in order to contribute to our objectives.
- Impact of the project on the local community: The results and impacts that are expected from the realization of this project are for volunteers developed and addressed personally. In the hosting organization is that each members of the group as well as families are enriched at a personal and work level, changes are received for doing work each day in another way. In the sending organisations, they can be enriched also at a personal and work level due to the passage of volunteers. But the main impact is also with children who connect especially with volunteers (languages, closeness and multicultural awareness)
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: culture-education and training-skills development
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES



Good practices



Dancing through Europe

- Name of the project: "Dancing through Europe"
- Website: http://ferso.org/dzialania/2015/715-broszura-o-wolontariacie-dancing-through-europe-ju-dostpna.html
- Project type / Field:
- intercultural experience, education
- Short description of the project:

The below description was adapted from the official online materials of partner organizations. International Seniors Volunteering Project "Dancing through Europe!" was an initiative launched by two organizations: Foundation Institute for Creative Activities from Poland and European Association 'World-Our Home' from Latgalia region in Latvia. It was implemented as a part of European Commission programme Grundtvig. The main goal of the project was to support a long - term cooperation between two partner organisations and to facilitate persons 50+ to participate in volunteering activities at international dimension. The main topic of "Dancing through Europe!" was folk culture. During voluntary service seniors learned about tradition, history but also about present times of partner's country. There were 6 volunteers (seniors) from Poland and 6 from Latvia. They shared experience, tradition.

- Lead organization:
 - Name: Foundation Institute for Creative Activities (FERSO)
 - Short description: The FERSO Foundation has existed since 2003. Its main goal is to support the sustainable development of civil society through education, art and multimedia technologies. The Foundation achieves its goals, in particular, by organizing and financing seminars, symposia, workshops and training courses. It organizes comprehensive educational workshops, field activities, trips, green schools, summer and winter camps, concerts, theater performances, publications, exhibitions and sports events. The activities are addressed mainly to teachers, school and preschool children, youth and the local community.
 - Country: Poland
 - Address: Fundacja Edukacji i Rozwoju Społeczeństwa Obywatelskiego ul. 28 Pułku Strzelców Kaniowskich 71/73 90-558 Łódź
 - Website: <u>http://ferso.org/kontakt.html</u>
 - Contact: fundacja.ferso@gmail.com
- Partners
- Partner 1
 - Name: European Association 'World-Our Home'
 - Short description: The main goal of the organization: Promotion of respect for human dignity and human rights, freedom, democracy, equality, the rule of law, European active citizenship, solidarity, multiculturalism and other European values as well as non-formal education and active participation at local, regional, national and European level.
 The organization is situated in Rēzekne town in Latgale region of the eastern Latvia which is also known by the nickname Latgales sirds meaning The Heart of Latgale. Built on seven hills, Rēzekne town is situated 242 kilometres from Riga and 63 kilometres from Latvian-
 - Russian border, at the intersection of the Moscow Riga Railways. Main tasks:
 - promote youth entrepreneurship
 - foster mutual understanding and tolerance amongst citizens in different countries
 - develop solidarity amongst European citizens
 - promote cooperation between EU organizations
 - Country: LATVIA
 - Address: Atbrivoshanas alley 174, Rezekne LV-4604 Latvia
 - Website: http://worldatourhome.com/
 - Contact e-mail: pasauleathome@yahoo.co.uk
- Aims and Objective of the project: The project aimed to develop competences and knowledge of volunteers especially in terms of new traditions and customs. Its main aim was also to promote understanding amongst EU citizens thanks to international and intercultural experience. The volunteers could learn from each others.
- Impact of the project on the local community: Volunteers shared knowledge with local community working with children, youth and seniors. During volunteering time, seniors established international contacts, friendships and partnerships which will contribute to the further cooperation. (Both in a formal and informal dimension).
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Implemented the project
- Funding / EU programme co-funding the project: part of EU-programme/ co-funding
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: <u>http://ferso.org/images/stories/dokumenty/eng_dancing_through_europe_final.compressed.pdf</u>
- Keywords: Seniors, Volunteers, dance, culture, local community
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES



Good practices



Keep on volunteering, keep on with Europe!

- Name of the project: Keep on volunteering, keep on with Europe!
- Website: <u>https://www.csvlombardia.it/como/</u> and <u>https://www.csvlombardia.it/varese/</u>
- Project type / Field: European identity and values, Skills development, Territorial cooperation and cohesion
- Short description of the project: With this project, through the connection, the mobilization and empowerment of volunteers we have given our contribution to tell about a more supportive, close and united Europe. The project is a cross- border long-term one and activates every year 6 young volunteers in activities organised on three levels of participation: the level of experience and direct engagement, the level of experience analysis and activation of the group and a third level concerning the learning support during the project and the evaluation of the skills acquired. 1) Level of volunteering experience: all 6 volunteers participates in peer to peer promotional initiatives of European mobility organized by CSV Insubria and by organizations and institutions of the territory. The 6 volunteers are also involved in two types of volunteering activities at various accredited local associations: cultural activities and social activities. Cultural activities: volunteers take care of the management of the fb and social pages of the hosting organizations, organize events with youth target and take part to workshops of a cultural nature and / or educational activities aim at different age groups (children, adolescents and young people). Social activities: vounteers are involved in activities focused on social inclusion with our local parteners (SMS self-sufficient elderly but at risk of marginalization; BancoAlimentare Nonsolopane - families at risk of poverty food; Polha - physical disabled; La Finestra daytime center for the mentally disabled). 2) Level of experience analysis and group activation: through CSV Insubria monitoring activity, the 6 volunteers are accompanyed in elaborating their experience, their desires and skills. 3) Level of learning support: it consists in intercultural meetings, training activities on arrival and mid-project (managed by ANG), training linguistics, mentorship. The focus of the project is especially on the emergence and enhancement of skills acquired by young people in non-formal contexts, which ends with the drafting of the youthpass and a curriculum which improve candidates profile also in the ESC portal. Moreover the project aims at the dissemination, knowledge and sharing of European values and identity, developing innovative actions to get in touch with local young people resident in our area and with the communities.
- Lead organization:
 - Name: Centro Servizio per il Volontariato dell'Insubria
 - Short description: Centro di Servizio per il Volontariato dell'Insubria is a second level association composed by 168 associations of the districts of Varese and Como. We were born on th 1st Juanuary 2018 as a fusion of two organizations: CESVOV and Associazione del Volontariato Comasco. We manage two centres for services to associations as stated by the Italian law on Voluntary work n. 266/1991. We promote voluntarism and support in their needs local voluntary organisations. Our activities are: Information (front desk office or on-line support to associations in their daily life activities for request regarding administration, fund raising, promotion of events) Promotion of Voluntarism (allocation of volunteers both locally and on international level, meetings with associations on different topics, meeting with local municipalities and schools, organization of volunteers' Festival, awareness voluntary workshops in the schools and among young people) Media (articles on local magazines, newsletter, website, editing productions) Consultancy (free support of our expert on administrative, legal, financial problems of associations) Training (training paths, seminar and conference) Project management and social development, Fund- raising activities. Our employed staff is made up of 19 workers, in a very young and dynamic context. Our headquarters are in Varese and in Como city, but we are also active in all the districts of the two provinces thanks to local networks of associations. Our target group are local voluntary organisations and associations; besides we promote and supporte also young people activities through the Programme Erasmus+ and ESC, especially through volunteering projects (either hosted volunteers and sent ones) and through the organization of international youth exchanges, trainings and seminars. Both the old organizations (CESVOV and Associazione del Volontariato Comasco) were accredited ad HO, RO and SO.
 - Country: Italy
 - Address: Via Brambilla 15, 21100 Varese
 - Website: https://www.csvlombardia.it/como/ and https://www.csvlombardia.it/varese/
 - Contact: l.fagetti@csvlombardia.it; m.vitalone@csvlombardia.it

Partners:

- Partner 1:
 - Name:L'Ancora Società Cooperativa Sociale

Short description: Ancora is a Social Educational Daily Center addressed to disabled adults who live in the provinces of Como and Varese. The CSE has a daily structure and is aimed to people with medium degree disabilities who have finished school; promotes individually designed educational interventions on an annual basis, with short-medium-term objectives, and three-year ones with long-term objectives. The CSE promotes numerous activities aimed to develop personal and social autonomy of the disable people and their integration into the community. Our work is about supporting cognitive skills, communication skills, emotional-relational skills, personal and work skills. The day in the center starts at 9: small groups of disabled people accompany by one or more educators, assisted by volunteers, dedicate themselves to activities that vary from day to day. All the rooms of the cooperative are animated by workshops which last until 12. Lunch time is pleasant and is an opportunity to get to know and strengthen relationships.

The afternoon activities resume at 2 pm, after a coffee break and relaxation, to end at 3.30 pm with greetings and accompaniment at the end of the day.

The activities we offer are numerous, many of which are carried out outside the headquarters in collaboration with schools, specialized centers, ateliers.

The week is very articulated: with this great diversification we try, within the limits of the parameters required by the Lombardy region, to get as close as possible to the specificities of each one, to the needs and personal resources to each one that have to be supported. As example, here are the workshops scheduled on Monday: pancafit, ergotherapy, boilers, music therapy, wedding favors workshop, collection of minor fruits, preparation of the hall for ceremonies, theater games workshop, recycled paper workshop.

During the year there are also moments and activities of entertainment and leisure. The CSE employs 13 people with different professional roles, including educational, administrative and auxiliary

- supporter. In detail, 8 people have the role of educators, one person is administrative secretary, one person is in charge of cleaning, two are cooks. There is a psychologist on staff who coordinates the activity of the ESC volunteer.
- Country: Italy
- Address: Via Monterotondo 14, 22075 Lurate Caccivio COMO
- Website: http://www.lancora.co.it/
- Contact e-mail: info@lancora.co.it







• Partner 2:

- Name: Associazione La Finestra onlus
 - Short description: Since 2005 our association has hosted 2 volunteers a year within the European Voluntary Service, and so far we hosted more than 15 young volunteers from different European Countries. We usually cooperated in an Evs project, involving 4/5 EVS volunteers, adding an European and intercultural value to the Evs young volunteers group hosted each year. Our EVS (now ESC) projects are coordinated by CSV Insubria and we pay a great attention to the learning process and achievements of each selected volunteer. Youthpass is used both as training method ad as final evaluation and recognition of the learning experience. Our association main aim is the social integration of all citizens, with particular attention to people in situation of social exclusion, like disabled people, through service of training towards autonomy. We work on increasing the capacities, reinforcing the awareness, improving potentialities, rehabilitating and developing abilities towards autonomy. The objectives are:
 - "use what you are": personal growth and autonomy of each individual to encourage his social integration;

- from "I'm here to help you" to "I'm here to work with you": cultural change of the relational style and of the concept of disability towards a collaboration that promotes and valorises the person.

In our daily centre we host people with different types of disabilities that can be linked to different pathologies (oligofreny, genetic syndromes, posttraumatic syndromes, etc.) Our users have fragilities at physical and psychic level, and cognitive and personologic level. For the moment, La Finestra works with 62 users, aged 25 years old on average, that present a medium or mediumsevere deficit. The staff is composed of one psychologist, one educational team (10 educators of various backgrounds and training), one art teacher, one psychomotricist, one administrative employee, various support persons, one civile service volunteer, 2 trainees and 50 volunteers. Regular activities are based on a rehabilitation action and on the evaluation of the abilities of each users. Our activities are organised in various workshops that aim to develop specific skills: assembly workshop, artistic and creative workshop, illustration workshop, swimming pool and gym, psychomotricity, expressive group activities, writing workshop, canteen, music activities, wood workshop, sense workshop, etc. The periodical activities of the association are: creation of Christmas decoration, sale of products made by the users, summer holidays, recreational activities, etc. Moreover the association organises cultural outings (for examples the users got to see a performance at the Theatre La Scala in Milano) and sport outings (for example basketball game with mixed teams, outing in sailboat on the lake of Varese). We experienced that the presence of Evs volunteers has contributed to give a European, intercultural approach to our activities, reinforces the European citizenship of all the people of our association, enlarges the European feeling of solidarity and brings new ideas, methods and suggestions to our activities.

The volunteers have the opportunity to live a very strong experience at human level, and deepen their understanding about the importance of solidarity and voluntarism, develop key competences and skills related to the social work in the education and assistance sector. We look for volunteers interested in social engagement and solidarity, with a proactive and positive approach. No particular language skills are required.

- Country: Italy
- Address: Via Di Vittorio 7, 21046 Malnate VARESE
- Website: <u>http://www.lafinestra.malnate.org/</u>
- Contact e-mail: ass-cop@lafinestramalnate.191.it
- Partner 3:
 - Name: Polha Varese- associazione polisportiva dilettantistica per disabili
 - Short description: Polha Varese is a multi sport un-professional volunteering organization, founded in Varese in 1982 by some disable people willing to practice sports as their friends of the same age The association aim is to strengthen the ability of people, instead of their impairment, and to foster the sport attitude and the value of sport in life. It is a nonpolitical and no-profit organisation, and it has been funded to promote, to develop and to coordinate sports, recreational, cultural and socialhealth initiatives for disabled people. These actions aim to improve the psycho-physical, social and cultural education as alternative of traditional rehabilitation forms. The sports practiced are boccia, kayak, swimming, hand bike, sledge hockey, table tennis, sitting volley. Athletes train either to compete (someone even in major Paralympics competitions) or just for fun and to stay healthy. The association provides the full equipment for sports free of charge for its members, in order to guarantee the accessibility to sport activity to everyone. Our activities are entirely funded by fundraising and contributions. In 2019 the association has 240 members (disable people practicing one sport discipline): 30 competitors, 120 amateur athletes , 50 coaches, 52 volunteers supporting athletes, 2 doctors, 2 sport masseurs. Through physical activity Polha wants to reach general objectives: equal opportunity and inclusion, socialization and fun, increase health and conditioning-coordinating abilities of athletes, increased self esteem, involvement of young volunteers with disability as self-educational process. Polha headquarter is a two floor space in the city of Varese and is the core center of organization's activities. The well equipped gym (dedicated to disabled athletes) and other spaces given for free usage by local government - permit to train inside but even more some sports are performed in dedicated sports facilities in Varese: hand bike in the cycling/soccer stadium, swimming in many swimming pools, sledge-hockey in the ice rink. Activities of the association are scheduled all week long, usually from 13.30 untill 22.30. Activity in schools take place during the morning. Competitions are on Sundays. Polha has a competition team for each sport and its users compete almost every week during season in national and international events; sometimes teams sustain long distance transfers in Italy and in Europe. The project environment is challenging but also safe and giving great satisfaction: volunteers will have the chance to participate to a concrete solidarity experience in the field of disability and play an important role in facilitating the inclusion of people that need to be supported to copy with their sports challenge. Volunteers will learn how important it is to work in groups and support to the achievements of a sport competition and how sport can really contribute to the well-being and self esteem of a person. Furthermore the volunteer will have the possibility to develop personal, social, civic and cultural competences. Volunteers are engaged in supporting disable athletes to do their training in different sports activities such as hand-bike, sledge hockey, table tennis, sitting volley, boccia, swimming activity or kayak in sport gym, stadium, swimming pool or on the lake during summer. Volunteers are requested to help in the organisation of these activities in order to support disable people with their equipment and sport devices, this required also a physical and manual work. Volunteers are also requested in supporting disable in what they cannot autonomously do when are alone, such as helping them in eating, in moving to a place to another, to drive them to a place for example.
 - Country: Italy
 - Address: Via Valverde 17-19, 21100 Varese VA
 - Website: http://www.polhavarese.org/
 - Contact e-mail: info@polhavarese.org



Good practices



• Partner 4:

- Name: SOS Malnate associazione volontaria
- Short description: SOS Malnate is a non-profit association, founded in 1982 and active in the territory of Malnate, in the province of Varese and in the neighboring municipalities. SOS Malnate offers socio-health services, first aid services, ambulance transport services, cars or special vehicles for elderly, sick and disabled patients. In addition, the association periodically offers first aid courses or free training for young people. Our mission is to transport the sick and injured with ambulances and special vehicles, combining high professionalism with a strong attention to the human person, providing health care for the safety of public events, helping populations affected by disasters, spreading the culture of first aid by carrying out training courses, offering collaboration to public bodies for the management of blood sampling centers and, more generally, of social assistance services in the area and promoting the dissemination of volunteering, especially youth and in Europe, and civil service. Through these activities, the association aspires to contribute to the affirmation of the principles of solidarity, equality and promote social cohesion. The SOS Malnate staff is made up of 254 volunteers, 14 employees, 20 volunteers from the Junior group and 5 collaborators (doctors and nurses). Moreover every year our association welcomes on average 10 boys in civil service involved in the main SOS activities of ambulance services and special vehicles. SOS Malnate has been very attentive to young people for years and carries out various projects with the aim of stimulating their curiosity and offering them concrete experiences to be able to train and improve. From 2005 to 2009, our association activated a hospitality project for young European volunteers with the aim of supporting them in our most typical transport activities for the sick, disabled and injured. Unfortunately, we observed that these types of services were not in line with the project, since it was necessary to have knowledge of the Italian language since arrival and it was necessary to arrive in Italy in the exact period in which the specific training course was active (we would not have resources to be able to make one ad hoc only for European volunteers at other times of the year). This made us decide to suspend the direct hospitality project in our Association, but we continued to work on the set-up, growth and care of the home. Casa Grizzetti, used by the partner associations of CSV Insubria who need accommodation for young Europeans. In these last years we have improved the equipment and the quality of life of the house and we invest economically more than 100.000,00 € in the house with a new open space, a new kitchen, new bolier and fornitures, new domestic appliances, a new class-room for meeting, new bedroom with the possibility to quest one more volunteer, a new fast internet connection, a new garden with the possibility to spend free time outside or to work outside, new murales of famous italian artist to improve the sense of beauty, more isolation from cold of the house and a photovoltaic plant to produce the electricity. We have also worked on the recognition on the territory and on the potential for young volunteers (Italian and European). This home is becoming a real headquarters for volunteering under 30 and for the european volunteers, not only a reference point for young people already active in the area thanks to the SOS Malnate Junior group and the civil service, but also for those who want to leave from Italy to go to volunteering in another country and for those who want to arrive from Europe to Italy. Understanding the importance of this place and its potential, we are working with the employees, volunteers and the youth group to improve it and make it more alive. For this reason we have decided to make a new hospitality project for a young European volunteer, with the intention of integrating it into the context already started at Casa Grizzetti and, over time, can help us generate connections both in the virtual and in the real world on the territory. This house was born from the idea of enhancing the experiences of youth volunteering with the aim of bringing together Italian and European young people, helping them develop relationships and skills that can also help them get in touch with the world of work. Welcoming European volunteers will certainly be an enrichment for SOS Malnate: it will allow an exchange of experiences and will help to give a European and intercultural approach to our activities, strengthening the European citizenship of the volunteers of our association, especially the younger ones, expanding the European sentiment of solidarity. To this end, we are looking for volunteers interested in social commitment and solidarity, with a positive, communicative and proactive approach.
- Country: Italy
- Address: Via 1° maggio 10, 21046 Malnate
- Website: http://www.sosmalnate.it/
- Contact e-mail: info@sosmalnate.it
- Partner 5:
 - Name: Associazione Banco di Solidarietà Alimentare Nonsolopane
 - Short description: Il Banco di Solidarietà Alimentare Nonsolopane onlus (Nonsolopane) is a Food Bank founded in 1999 as no profit and charity organisation collecting food and redistributing it to people and families in need.

Mission of the association is charity as basic value of human being life experience: sharing needs to share humankind sense of life. More than 100 volunteers collect, store and re-distribute food at home to people in need, visiting each person or family and creating a relation based on solidarity and wish to share a new zest for life. Each family received at home fortnightly or once a month by one of our volunteers a package fit the number and age of the members of the family. The visit at home is a very important part of our activity, Nonsolopane means "not only bread" as our visit is not only bringing food, but also solidarity, friendship and human support.

Nonsolopane helped in 2014 more than 2000 people, most of them are foreigners (especially from Marocco and Albania) being in state of need due mainly to unsufficient income, lost of work, and in a minor quantity health problems or divorce.

We help more than 3000 people a year: 58% of them are immigrants, 36% between 31 and 54 years old, 57% in Varese. Each month we give about 1000 food packages. The volunteers are 300, they are involved in: the storehouse activities, the periodic visit to the families we help, the fundraising and foodraising campaigns of the association, the taking care of a field where we grow fruit and vegetables, the activity of transformation of raw materials to marmelade, the office and administrative activities. Nonsolopane promotes sharing fairly and without any discrimination, helping people in need for various reasons (job loss, serious illness and chronic poverty), unable to provide for their own needs and for their families, to recover a human and social condition satisfactory. The food collection is at the headquarter of the association: we have a storehouse where the volunteers receive food, store and package it in packs for people in need. What's the origin of the food we benefit? Foods come from companies in the agribusiness sector, the department stores, the food collection in collaboration with schools, churches, shops and, above all, by the direct involvement of individuals and families donors. Daily, we check and divide the food by kind, due date, weight or size, finally encode and store it. Our help is proportionate to need, and it should motivate them to "make it by their own efforts". What are the activities and experience of your organisation in the areas relevant to the European Solidarity Corps Banco di Solidarietà Alimentare Nonosolopane realizes activities for a inclusive society and we defite against poverty and marginalisation of people and families and is active European Volunteering since 2016. We daily work in the storehouse to receive and redistribuite food. We have an administrative office to organize the activities and the contact with our donors, as well the activities of the volunteers both at the soterhouse and care off the families we help when possible. We have also a center for families, where we meet the people in need and we agree with them upon the help we give them. All over the year we organize campaigns for food collection that means contacts with public institutions, schools, department stores, ngos, etc..., we have a press office for the communication with local media, for promoting the activities and make aware of people for donate food, as well for became our volunteer, we organize meeting in the schools to sensibilize youngsters for not wasting food and to become our volunteer. Please give information on the human resources of your organisation (i.e. staff and volunteers), and describe the skills and expertise of the persons that will be involved in the future European Solidarity Corps activities, with specific regard to organising processes and quality learning activities for young people. The association can count on more than 300 volunteers with different competences. We have president and, as paid staff, we have also a secretary and a director who is also the project coordinator of ESC volunteers we host, with experience in human resourse and management. For some specific activities for ESC, we collaborate with the coordinating organisation CSV Insubria that with more than 10 years experience can ensure a quality of our project. CSV Insubria has a project manager for ESC project and a project coordinator dedicated to manage ESC activities such as coordinating acitivities of the project, youthpass trainer for ESC volunteers, partecipation in sharing activities with other ESC in Varese.

- Country: Italy
- Address: Via Montesanto 1, 21100 Varese VA
- Website: <u>http://www.bancononsolopane.org/</u>
- Contact e-mail: graziella@bancononsolopane.org







- Aims and Objective of the project: CSV Insubria is an actor of territorial development and aims to enhance the sense and the culture of networking among the world of volunteering, other subjects and institutions, intensifying partnerships at different levels. ESC fully allows us to each our goals by opening them to an European dimension. Our project aims to promote active citizenship, to offer young people and involved communities the opportunity to network with other experiences, both local and national and international. The objective of our project is to increase the ability of young people, through their participation in high-value voluntary activities, , to increase solidarity as a founding value of inclusive and cohesive communities, key values of the European Union. Our focus is to connect individual voluntary experiences, individual needs (in terms of personal development, increased employability, leadership and civic participation) to the community and social dimension (the quality of social ties affects the well-being of its inhabitants). We would like to encourage young people, even those with fewer opportunities, to bring out more their visions on solidarity as a value, thus contributing to the construction of a new narrative for Europe. We aim to valorise their visions as an object of knowledge and comparison, so that the value of solidarity is expressed in the real experience of people and doesn't remain an empty rhetorical element. In the project we identify a specific space of active protagonism of young people where they can put into practice their way of understanding and acting solidarity. We will promote strategies that can encourage new life experiences to broaden the personal and organizational horizons of the involved actors, their ideas and future goals, as well as to offer opportunities that stimulate personal development, independence, soft skills, a greater critical sense and the knowledge of new languages and new cultures. In parallel we will carry out activities to increase the European perspective and awareness in our partner associations, allowing them to experience the enrichment that the program can bring to the organization itself and to the whole community. Our target group are the youngsters called active nihilists who try to transform the crisis into opportunities, to redesign human and social relationships, those young people who seek to get out of resignation and believe in social commitment and believe that it's still possible to act responsibly into the society and local communities.
- Impact of the project on the local community: The project has a multilevel impact on: participants, organizations, staff members, volunteers and target group of associations, local, national and international community. The youngsters will benefit a direct impact on themselves and on their future choices: they improve integration into society, increase employability, develop a critical sense, a sense of initiative and linguistic ability, open their eyes towards new cultures, develop respect for human rights and acceptance of diversity, improve their understanding of society, be more aware of unity into the diversity of European culture, be more aware of the difficulties in facing the challenges connected with Europe and its citizens (populism, xenophobia, nationalism, discrimination, disinformation ...). The results we expect to gather will be visible in terms of more resilient attitudes, stronger resources, a more mature sense of responsibility and independence. The staff members will receive an impact on their activities: the comparison with young people is stimulating and the meeting with them gives new ideas for improving work also for future projects. They will learn a lot about themselves as professionals who work with young people, about the community in which they operate, and they will report the benefits within their contexts. The impact on organizations will also be at a high level: the project will create awareness about the work with young people, transporting what has been learned to all levels of organizations and also in further projects. The actions of the partners in their decision-making contexts, where they discuss social and youth policies, will allow them to have real repercussions also in the elaboration of local policies. In addition, the final target group of the activities will also be able to concretely experience the enthusiasm of young people and their ability to understand and reply, creating intergenerational, intercultural and social exchanges. At local level we will act in a synergic way so that the political and institutional decision makers get to know the project, the activities and the quality of the results analysis; we aim they became aware of the commitment of young people and of the opportunity of learning. The Youth Table of the Planning Office will be the place where the community will benefit the results achieved by our project. In particular, we expect that the results of the project will be taken into consideration to improve and develop youth policies at the local level and perhaps allow the development of new and interesting projects with also international interaction. At national level, the young participants will be encouraged to take part in the annual events organized by the National Agency and or Salto and the Eurodesk network so that the impact of the projects carried out at local level can reach decision-makers national levels so that they can improve youth policies. At international level it will be our responsibility to bring the results of the projects to Csvnet which has a representation and lobby center at the CEV in Brussels as well in order to increase the information that reaches European and international decision-makers and thus contribute to better planning of youth policies.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 70%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Little by little you realize that meeting people and talking with them change your whole way of seeing life. Your personality does not have to change, but your way of thinking, of acting, of seeing the world, your perception of the unknown, the stereotypes all change. When we say that the journey changes a person I think it is real. You go out of your comfort zone, out of your landmarks so you are more fragile, you live more intensely the encounters, the present moment, you learn differently, you find something new all the time ... Depending on the progress of your trip, the destination, the reason for leaving does not bring the same attributes but we never come home the same as when we left. Travel is a great school of life for me. You are about to start the best experience of your life. You are about to enter the magical world of independence. You are about to meet people that you will carry inside your heart for the rest of your existence. You will gradually grow and build the person you want to be in your future. Build new friendships every day that you will carry on throughout the life. Build your future every day. Fall in love with what everyone you meet can give you. Fall in love with knowledge. Fall in love with your city but above all with all the other places you will have the chance to see. Fall in love with that plane, train, bus that took you to that magical place. Fall in love with all the cultures that will come before you. But above all, fall in love with the new you, because there is no other person you can love so much in your life.
- Keywords: active citizenship
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Youth and EcoBuilding in Ecovillages

- Name of the project: Youth and EcoBuilding in Ecovillages
- Website: Not available
- Project type / Field:
- Climate action, environment and nature protection, Community development, Rural development and urban regeneration
- Short description of the project:

In this short-term project we want to propose to the young participants an experience in bioconstruction, to open with them a broader reflection on current lifestyles. Just as today few question the need to take care of our food to enjoy good health, many are still not aware of the large amount of toxic products that can exist in our home and can affect our general state.

- Lead organization:
 - Name: EL ESPACIO COOPERATIVO-SEDE LOS PORTALES
 - Short description: The present accreditation request is for our project "Los Portales", located in the farm of the same name in the province of Sevilla (South of Spain). Its aim is to experience and diffuse a sustainable way of life. "El Espacio Cooperativo" promotes a life style based on a harmonious relationship with the nature and proposes activities that encourage social and ecological changes, as well as personal growth with the assumption that more sustainability implies more connection, integration and cooperation.
 - Country: Spain
 - Address: Finca Los Portales 41230 Castilblanco de los Arroyos
 - Website: <u>http://www.losportales.net/</u>
 - Contact: info@losportales.net//escprojects@losportales.net
- Partners:
 - Partner 1:
 - Name: WOOF-SPAIN
 - Short description: WWOOF ESPAÑA es un asociación sin ánimo de lucro que sirve a voluntari@s (WWOOFERS) y granjas o pobladores rurales que trabajan con métodos ecológicos y sostenibles.
 - Country: Spain
 - Address: Yainz 33, 14 Cereceda 39860: CANTABRIA
 - Website: wwoof.net
 - Contact e-mail: Not available
 - Partner 2:
 - Name: RAS (Red Andaluza de Semillas)
 - Short description: La Red Andaluza de Semillas "Cultivando Biodiversidad" (RAS) desarrolla una gran cantidad de actuaciones por todos los rincones de la geografía andaluz
 - Country: Spain
 - Address: Caracola del Centro de Ecología Social "Germinal", C.E.S. (antiguo C.I.R.) Parque de San Jerónimo s/n. 41015 Sevilla (España)
 - Website: <u>https://www.redandaluzadesemillas.org/</u>
 - Contact e-mail: info@redandaluzadesemillas.org
- Aims and Objective of the project: The aim of the project is to allow participants to live an experience of transforming an agricultural space into a habitable space, discovering the constructive approach with straw bales and mud plaster and all the phases of finishing and equipping the space.
- Impact of the project on the local community: The aim of this experience is to make young people aware of the importance of living in healthy self-construction spaces, providing them with tools and experiences that will enable them in the future to continue training or experiment with what they have learnt, in order to intervene in situations that may require this knowledge: emergency situations in which it may be important to be able to build habitable spaces in a short time and at low cost, experiment with sustainable self-construction to preserve natural spaces, contribute to the construction of villages in emerging countries with local and renewable materials, etc. Or simply experience the satisfaction of building their own house.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Climate action, environment and nature protection Rural development and urban regeneration Community development
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







ProVol - Professional Volunteering

- Name of the project: ProVol Professional Volunteering
- Website: <u>https://professional-volunteering.eu/</u>
- Project type / Field:
- Citizenship and democratic participation, Education and training, Skills development
- Short description of the project:

"Professional Volunteering" (ProVol) was a European partnership between Gemeinsam leben & lernen in Europa e.V. ((Germany), Volunteering Matters (United Kingdom), Centrul de Volontariat Cluj-Napoca (Romania) and Dobrovolnické centrum Ustí Nad Labem (Czech Republic) lasting from 2014-2016. Coordinated by "Gemeinsam leben & lernen in Europa", it developed an accessible, flexible and sustainable European model for training volunteer coordinators and volunteers, with a view to improving the effectiveness of volunteering activities and the quality of services delivered. Its result is also a training curriculum and handbook for both groups.

- Lead organization:
 - Name: Gemeinsam leben & lernen in Europa

• Short description: is a grassroots, volunteer-led, civil society organisation based in Eastern Bavaria/Germany working on European level issues and interventions that benefit citizens locally, nationally and across the continent. Through their activities and projects, GLL promotes volunteering, equal opportunities in education and work for everyone, combats discrimination and inequality based on gender, racial or ethnic origin, disability, age or other social factors. Raising public awareness for social and cultural issues and encouraging social commitment is the major focus of their projects. Their main target groups are socially disadvantaged people such as elder people, less-qualified workers, unemployed, migrants, as well as immigrants, women, families, disabled people or people with health restrictions, because they are particularly affected by discrimination and inequality. GLLs goal is to promote their integration into society by means of the activities and measures of their association and active involvement of the various target groups. As an expert in the field of volunteer work, GLL provides some innovative measures for promoting and supporting volunteer work within the community. GLL runs an online platform on volunteer workplaces, provides training as well as advice and support services for volunteers. Moreover, GLL supports other NGOs recruiting new volunteers, organises an annual volunteer fair or information sessions on volunteering, and initiated a lot of volunteer projects, where a lot of people with various backgrounds (age, gender, race, religion, education, profession) become active on local level. Volunteers run and implement most of our projects; a lot of them are unemployed or disadvantaged in some ways. Local projects are linked on European level (e.g. through Grundtvig learning partnerships and Erasmus+), as the promotion of intercultural learning and understanding within Europe plus the exchange of best practices and faceto-face cooperation with European partners is a core issue within GLL. For its efforts in the field of integration of migrants, promoting the European ideas and volunteering GLL had won many awards such as the "European Citizen's Prize" of the European Parliament (2015), the award "Europa-Lillie" by the Europa Union Professional (2014); the "Active Citizens of Europa Award" by Volonteurope (2014).

- Country: Germany
- Address: Leopoldstraße 9 D- 94032 Passau
- Website: http://www.gemeinsam-in-europa.de/
- Contact: info@gemeinsam-in-europa.de

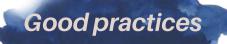
• Partners:

- Partner 1:
 - Name: Volunteering Matters
 - Short description: Volunteering Matters, formerly known as CSV, is a national charity leading UK volunteering in policy and practice. We know that people are experiencing social isolation and huge inequalities in their communities. We also know that by investing in people through volunteering we can reduce inequalities and isolation to build stronger more inclusive communities. By focussing on four areas of work; disabled people, older people, young people and families we inspire our committed and ambitious volunteers to power change in their communities. We do this by delivering targeted, innovative and professional programmes nationwide.

Our vision is of a society where everyone can participate to build strong and inclusive communities. Our mission is to enable people to take an active role in their communities.

- Country: United Kingdom
- Address: Volunteering MattersVolunteering Matters
- Adresse: 18-24 Lower Clapton Rd, London E5 0PD, UK
- Website: <u>https://volunteeringmatters.org.uk/</u>
- Contact e-mail: info@volunteeringmatters.org.uk







• Partner 2:

• Name: Centrul de Volontariat Cluj-Napoca

Short description: The Cluj-Napoca Volunteer Centre (CVCN) was legally founded, as an independent organization, in December 2004. Before this date, CVCN was functioning as a department within the ProVobis National Volunteer Centre. Through its official formation, CVCN continues and enhances, extends and innovates the activity of the ProVobis Local Programs Department. Therefore, the history of our organization is longer than the time passed from its legal inception, being based on the experience that the employees and volunteers of CNVC hold in the field of volunteerism. CVCN has as mission the development of volunteering as a means of involvement in solving out the problems of the local community.Since the date of legal establishment in 2004, the different services provided to the local community involve:recruiting and recommending volunteers for other NGOs, training and supervising volunteering opportunities in Cluj-Napoca, organizing volunteering campaigns and promotion events, organizing training sessions for the development of volunteers, etc.

Since 2010, CVCN has started to be involved also in EVS projects.Up to this point we have hosted 60 volunteers in different projects in Cluj (mainly long-term) and we have sent 62 young romanians in projects abroad.

In addition to all the expertise and experience in volunteer management and the management of volunteering programs, our organization is using and promoting an efficient model of volunteer management, which will be shared also during the project. From this theoretical point of view, volunteer management is seen as a process based on 9 different steps (interlinked and interdependant):preparation of the organization before involving volunteers, recruitment of volunteers, selection of volunteers, induction and training, supervision, motivation of volunteers, recognition of merits, ensuring a good relationship between staff members and volunteers, evaluation of volunteers of of volunteering programs.

The expertise and experience gained in volunteer management as well as management of volunteering projects was recognised at national level by different actors. The most important recognitions include the award for Volunteer Centre of the Year received in the last three editions of the National Volunteers' Gala (2011-2013) as well as the Excelency award in EVS projects offered to CVCN by the Romanian National Agency in march 2014.

- Country: Romania
- Address: Strada Virgil FuliceaStrada Virgil Fulicea Nr 1, cod 400022 Cluj-Napoca
- Website: <u>http://www.centruldevoluntariat.ro/</u>
- Contact e-mail: cluj@voluntariat.rocluj@voluntariat.ro
- Partner 3:
 - Name: Dobrovolnické centrum
 - Short description: The mission of our organisation is to promote and support the idea of volunteering, and to encourage citizens to participate in volunteer activities. The Volunteer Centre o.s. has worked in the region of Ustí nad Labem since 1999. We realize many volunteer programmes and projects, which are designed for specific target groups.

We organize recruiting training and further education of volunteers. We give lectures on volunteering and implement our own volunteer programmes involving volunteers into services provided directly to clients who are in need of care, e.g. children and young people, senior citizens, unemployed people etc. To fulfill our mission, we co-operate with the Municipal Council of Ústí nad Labem, state institutions, organisations providing services, and other NGOs.

We realize many volunteer programmes and projects, which are designed for specific target groups:

Social-activating services for disable/disadvantage families with children are composed of 3 pillars: the Programme 5P, Programme KOMPAS and Field Social Work.

Programme 5P (Big Brothers Big Sisters International): preventive social leisure time programme, one disadvantaged child and one adult volunteer meet regularly once a week and spend their time together by activities they both like, rather long-term relationship

Programme KOMPAS[®]: preventive social leisure time programme, six disadvantaged children and two adult volunteers meet regularly once a week and spend their time together by activities they like, one group for six months

Field Social Work: The aim of the programme is to help families with children to resolve problems that adversely affect their operation. Examples are the support for communication with various offices, doctors, schools etc., to assist in improving family relation, etc. Application of volunteers in the programme: adult volunteer helps the child with preparation directly in the households of families.

Manager acreditation - we are coordinating organisation for volunteers to another organisations (for example house for seniors, children house...)

Volunteers in hospitals = We organize volunteers in 5 hospitals in Region Usti.

Volunteer service in museum and librarie in our city Usti nad Labem; Training course Strong parents - Strong Kids[®]; Council of volunteer centers Northwest region; Panel humanitarian organizations; Křesadlo = 12 years, Prize in Usti Region for volunteers; Cross-border cooperation with Germany and Poland. Participation in sports such as Usti half marathon, World championships in stret dance and disco dance.

- **Country:** Czech Republic
- Address: Prokopa Diviše 1605/5, 400 01 Ústí nad Labem, Tschechische Republik
- Website: <u>https://www.dcul.cz/</u>
- Contact e-mail: lenka.cerna@dcul.eu







• Partner 4:

• Name: EB projektmanagement GmbH

Short description: EB projektmanagement GmbH is a consulting and educational organisation with more than15 years of experience in the development and implementation of European projects. EB pm specialises in developing and implementing projects of education and regional development, as well as projects for the development of networks and cooperation. 60% of its turnover comes from educational projects, 20% from regional development projects, and another 20% from cooperation projects. We offer several business branches: project management (from developing an idea to its final realisation), including facilitation (reference projects: learnforever, goodnews), the development of regionalised courses, the preparation of international and national studies (reference projects: Connecting Communities, Lernende Region Hermagor), the development of training curricula (reference project: EDUCATE, CEF), as well as idea and innovation management. We consider our company as a place of development and implementation which offers not only developmental work, but also its realisation and dissemination. Furthermore, we are active in the field of advanced training, focusing on communicating skills in areas where we actually possess practical experience. These include trainings in areas such as project management, process management, European and international funding, cooperation and network management, human resource development, employer branding, gender mainstreaming and equality, and diversity management. As a small company we only work across organisations, often in an international context.

- Country: Austria
- Address: EB projektmanagement GmbH Tiroler Straße 6 9500 Villach
- Website: <u>http://eb-projektmanagement.at/</u>
- Contact e-mail: e.beneke@eb-projektmanagement.at
- Partner 5:
 - Name: Centrum dobrovolníctva

Short description: Center for Volunteering (CD) was founded in 2000, in the Banska Bystrica City, Central Slovakia. Its mission is to develop volunteering, to increase the quality of life in the community and to build civil society. Centre is based at the Matej Bel University and it is actively participating in the community life and important actions. It cooperates with local municipalities, schools, NGOs as well as businesses. Main activities of the Center are: Resource center offering services for volunteering. CD is one of the 8 volunteer Centers in Slovakia. It is also a member of the Platform of Volunteer Centers and Organizations in Slovakia. As a service center it provides services for organizations which work with volunteers and for people who want volunteer. These services include: training, mentoring, administrative assistance, assistance with the recruitment of the volunteers for various projects and NGOs, supervision, strategic planning, research and evaluation. Promotion of volunteering and volunteer organizations. Since the establishment of the volunteer center, the promotion of volunteering is one of the main and regular activities. It includes campaigns, workshops, discussion clubs and forums about volunteering. CD is the coordinator of Volunteer days in Banská Bystrica since 2009. Acknowledgement of volunteers/volunteering. CD organizes traditional events "Heart on Sleeve" every December and "Voluntary Week" every September to raise awareness about the importance and value of volunteers in Banská Bystrica region. Research and publication about activities focused on volunteering, but also on youth policy and youth work. In these areas we cooperate with many experts, mainly form Matej Bel University. Long term volunteer programs - CD is running several long term volunteer programs in Banska Bystrica City. These programs are focused on children, youth, people with disabilities and seniors. European Voluntary Service - Center is accredited for hosting, sending and coordinating of EVS projects. Center is able to run its programs and projects with the help of passionate and professional volunteers and project managers. By delivering above mentioned services we have contributed to creating an environment in which CD's team is able to translate into practice the theoretical knowledge in the field of management of volunteers and volunteer programs. We are one of the important stakeholders in the community and we are valued for our proffesional approach and good project results.

- Country: Slovakia
- Address: Ružová 4038/13 974 11 Banská Bystrica, Slowakia
- Website: https://www.centrumdobrovolnictva.sk/
- Contact e-mail: info@centrumdobrovolnictva.sk







- Aims and Objective of the project: The main aim of this partnership was, to develop two training manuals "Professional volunteering": one as a train-the-trainer program for volunteer coordinators and the other one for training volunteers, which is useful for all kind of volunteering. Throughout dissemination activities by the four partners and their national and international networking connections partners distributed the manuals across Europe, to support volunteering across Europe and enhance professional skills development of staff in NGOs and volunteers, especially volunteers, who are disadvantaged and with little or no access to formal trainings or work experience.
- Impact of the project on the local community: This training is beneficiary on many levels: a) for volunteers: it enables volunteers to work more effectively and task-orientated in their volunteer work and improves their employability, it offers disadvantaged people (e.g. unemployed, low skilled, and at the risk of social exclusion) a chance of not only participating actively in society, but gaining professional training and work experience for free. b) for NGOs: it supports the volunteer work within NGOs as it is a way of bridging resource shortages, but also attracting new volunteers, as NGOs offer additional, work related free trainings, and is an good approach of the changing character of volunteering: volunteers are much more likely to undertake shorter and more project-based activities. It is capacity building of staff within the own organisation and is a successful way to the professionalisation of volunteering c) for employers: recognising the value of volunteering and therefore its value for society, increasing the participation of disadvantaged in society in a positive way and being important for social inclusion.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 75%
- The volunteers: Planned the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Own funding, Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "Taking part in the Volunteer Management Training was one of the most inspiring events in my NGO life. Alongside a group of determined young people, with more or less experience in the field, we went through team building activities, various approaches in working with volunteers, but also legal and financial aspect that were very welcome for people with less knowledge about how the NGO field works. My favourite part was, for instance, learning about the legal aspects of volunteering in my country. I consider this aspect to be very little known, by few people, and hence quite useful when applied in organizations. Even now, when I manage 90+ volunteers, one of the best things to motivate them with is to specify that there is a law that grants them work experience if they volunteer. I also enjoyed a lot learning about how to build plans, diagrams, and calendars, and about how to promote and make your organization visible. The trainers were very well prepared, and they worked and communicated with us quite easily, which showed that they are not only competent, but kind, empathic people, as well. I would highly recommend taking part in this training to anyone working with volunteers." Iulia Rosca-Dromereschi, Romania
- Keywords: Volunteering Training skills development professionalisation
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: NO



Good practices



EU-VOICE European Volunteering and Integration through cultural experience

- Name of the project: EU-VOICE European Volunteering and Integration through cultural experience
- Website: <u>http://www.eu-voice.eu/</u>
- Project type / Field:
- Citizenship and democratic participation, Culture, Inclusion
- Short description of the project:

EU-VOICE project aims to promote cultural volunteering as a mean of active citizen participation and dialogue between TCNs and hostcountry nationals through a 25-days volunteering experience in the cultural sector for 320 people, mainly TCNs, in 5 EU countries affected by high migration rates (IT,GR,IE,UK,AT). The frame of such volunteering experience is provided by the European Year of Cultural Heritage which is a good opportunity to reinforce a sense of belonging to a common European space. The project is in line with the EU's Action Plan on the Integration of Third-Country Nationals (7/06/2016) that promotes an inclusive and prosperous society through the integration of 20 million non-EU nationals residing legally in the EU and according to many studies volunteering contributes significantly to social inclusion. The project develops a multidisciplinary approach as a result of the exchange of best practices and tools related to social inclusion of the target group tested by the partnership, as well as other EU materials on migrant volunteering in the cultural sector.

- Lead organization:
 - Name: Cesvot
 - Short description: Cesvot è il centro servizi per il volontariato della Toscana.
 - Country: Italy
 Address: via Ric
 - Address: via Ricasoli, 9 50122 Firenze
 - Website: <u>http://www.cesvot.it/</u>
 - Contact: formazione.territorio@cesvot.it

Partners: Partner

- Partner 1:
- Name: Volunteering Matters
- Short description: Volunteering Matters, formerl known as CSV, is a national charity leading UK volunteering in policy and practice. The organisation, aware of the fact that people are experiencing social isolation and huge inequalities in their communities, focuses in investing in people through volunteering in order to reduce inequalities and isolation, thus building stronger, more inclusive communities. By focusing primarily on the needs of four beneficiary groups, disabled people, older people, young people and families, Volunteering Matters inspires its committed and ambitious volunteers to power change in their communities. This is done by delivering targeted, innovative and professional programmes nationwide. The vision of Volunteering Matters is of a society where everyone can participate to build strong and inclusive communities, while its mission is to enable people to take an active role in their communities.

Volunteering Matters is also an experienced NGO at European level, having been a member and host of the Secretariat for Volonteurope since the early 1990s. Volonteurope, a key partner in this project proposal, is a leading European network promoting volunteering, active citizenship and social justice. Its core activities are funded through a strategic operating grant from the European Commission "Europe for Citizens" Programme. Volonteurope, established in the Netherlands in 1981, comprises over 50 member and associate organisations in over 20 European countries, thus has a strong dissemination and multiplier capability to work on diverse issues around volunteering, active citizenship and social justice, and how these can effectuate positive changes in European communities. Volonteurope works with other networks and platforms in Europe, as well as directly with various European institutions, as well as EU Member State governments. It has a strong reputation as an experienced international organisation which actively cooperates with various stakeholders on issues which affect the people of Europe and beyond. Volonteurope's vision is one in which the principles of inclusiveness, collaboration, sustainability and fairness guide thinking, behaviour and practice in Europe, resulting in genuine social justice for all. The network's mission is to work collaboratively with its members and partners to champion the role of volunteering and active citizenship as pathways for social justice in Europe and beyond.

- Country: United Kingdom
- Address: Volunteering Matters Adresse: 18-24 Lower Clapton Rd, London E5 0PD, UK
- Website: https://volunteeringmatters.org.uk/
- Contact e-mail: info@volunteeringmatters.org.uk







• Partner 2:

• Name: Meath Partnership

Short description: Meath Partnership is a dynamic partnership company established in 2006 to deliver a range of rural, social and economic programmes at local level across County Meath. Through these programmes, MP provide support and assistance to private individuals and community groups active at local level through capital grant aid, technical assistance, guidance and mentoring, information and support, training opportunities and development initiatives.

- Country: Ireland
- Address: Cavan Road Unit 7, Kells Business Park Kells, Ireland
- Website: http://www.meathpartnership.ie/
- Contact e-mail: jennifer.nolan@meathpartnership.ie
- Partner 3:
 - Name: United Societie of Balkans Astiki Etaireia

Short description: The organization was created as a respond to the pressure of constant changes in the Balkan and Eastern European region and under the need for the creation of a better social environment. Key areas of the organization's activities concern the defense of human rights, the organization of youth exchanges and training courses, which will bring young people from Balkans and Europe together, the organization of local educational seminars and multimedia production, as well as promotion of volunteerism at local and international level. In addition, the design and implementation of research and new methods and tools related to education and action, cooperation with other civil society actors, as well as the involvement with state organizations to achieve the objectives of the organization are key goals of United Societies of Balkans. Finally, a crucial aim is to inform and raise awareness among young people on various social issues, as well as to strengthen and support them in the creation of a healthier and more integrated, thinking and active citizen.

- Country: Greece
- Address: Alamanas 9 Agios Pavlos, Thessaloniki 55438
- Website: <u>http://www.usbngo.gr/</u>
- Contact e-mail: info@usbngo.gr
- Partner 4:
 - Name: E.N.T.E.R. GMBH
 - Short description: E.N.T.E.R. is a versatile and highly motivated networking company, specialising in the dissemination and implementation of EU projects. We are located in Graz, Austria, but we work on an international level. Our team participates in several EU projects and manages this networking platform
 - Country: Austria
 - Address: Geidorfplatz, 2 Graz 8010 AustriaGeidorfplatz, 2 Graz 8010 Austria
 - Website: http://www.enter-network.eu/
 - Contact e-mail: georg.muellner@enter-network.eugeorg.muellner@enter-network.eu

• Partner 5:

- Name: Co&So
- Short description: Co&So is a consortium of cooperatives located in Tuscany region which includes 40 social and not social cooperatives working in the social, cultural and educational fields. Co&So consists of 29 employees who provide services to the associated.

The main services are administration, monitoring and submitting the calls most on public procurement, offering European opportunities to promote innovation in the cooperatives in terms of improving employees' competences and services, quality certification, communication. All together the staff working in the associated cooperatives is 3,000 professionals. Taking only into consideration the support services for migrants, refugees and asylum seekers there are 7 cooperatives working all over Tuscany, managing around 122 services such as reception centers and integration services on behalf of the Public Authorities.

- Country: Italy
- Address: via Valdipesa, 1 5017 Firenzevia Valdipesa, 1 5017 Firenze
- Website: <u>http://www.coeso.org/</u>
- Contact e-mail_ direzionecultura@coeso.orgdirezionecultura@coeso.org







- Aims and Objective of the project: The EU-VOICE main objective is to promote active inclusion of third country nationals and exchanges between TCNs and host-country nationals through a volunteering experience in public and private cultural institutions in partner countries. With the EU-VOICE project the partners, that are key actors in the frame of Volunteering and integration of migrants, concentrate their efforts to develop a comprehensive approach to prepare TCNs and host-country nationals for a Cultural Volunteering Experience in the frame of the European Year of Cultural Heritage and replicable in other countries. The expected impact will be 1) on TCNs in terms of empowerment and better integration 2) on local communities more aware on intercultural issues 3) on volunteer organisations, associations and communities of migrants, private and public cultural institutions who will have access to innovative EU tools and methodologies. Such impact will have a long term effect, thanks to the partners that work with the target, to the cascadeeffect on other TCNs and to the European cooperation network that will be built during the project with other organisations in the field of integration, volunteering and culture. To ensure a wide impact the last 4 months of the project will be entirely dedicated to a series of dissemination and exploitation activities in partner countries and other EU countries. Furthermore, the EU-VOICE project is also in line with the Europe 2020 strategy, through: -Social inclusion-Voluntary activities involve the promotion of social inclusion and integration, which are in turn important elements of European social policy; -Education and Training-Volunteering can provide unemployed individuals with the experience needed to integrate into the labour market. Skills and competences gained through volunteering can be transferred into professional contexts. -Active Citizenship-Volunteering leads to the involvement of citizens in local development and plays an important role in the fostering of civil society and democracy.
- Impact of the project on the local community: The expected impact will be 1) on TCNs in terms of empowerment and better integration 2) on local communities more aware on intercultural issues 3) on volunteer organisations, associations and networks of migrants, private and public cultural institutions who will have access to innovative EU tools and methodologies. Such impact will have a long term effect, thanks to the partners that work with the target, to the cascade-effect on other TCNs and to the European cooperation network that will be built during the project with other organisations in the field of integration, volunteering and culture. To ensure a wide impact the last 4 months of the project will be entirely dedicated to a series of dissemination and exploitation activities in partner countries and other EU countries. Furthermore, the EU-VOICE project is also in line with the Europe 2020 strategy, through: -Social inclusion-Voluntary activities involve the promotion of social inclusion and integration, which are in turn important elements of European social policy; -Education and Training-Volunteering can provide unemployed individuals with the experience needed to integrate into the labour market. Skills and competences gained through volunteering can be transferred into professional contexts. -Active Citizenship-Volunteering leads to the involvement of citizens in local development and plays an important role in the fostering of civil society and democracy.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 50%
- The volunteers: Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: In the beginning, I was not interested in the activities since I thought it would not be useful for me and that I was wasting my time. However, I continued to participate, and suddenly, I realized that I was learning new things such as taking pictures, writing articles and working together with other young people. I would like to be involved again in future programs since during the project I have been very busy, and for the first time since I am here, I felt I was doing something good for myself and the community.
- Keywords: Active citzenship, cultural volunteering, immigration.
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: NO







Europe meets Ferrol

- Name of the project: Europe meets Ferrol
- Website: Not available
- Project type / Field:
- Citizenship and democratic participation, Culture, Youthwork
- Short description of the project:

Europe meets Ferrol is a project that seeks to boost the musical landscape of Ferrol while promoting the values of interculturality and participation in our city. At a social level we seek to open minds and awaken concerns in local youth. Through a wide range of activities owned or directly by our volunteer.

- Lead organization:
 - Name: ASOCIACION XERACION ASOCIACION CULTURAL
 - Short description: The cultural association Xeración, based in Galicia and Valencia, carries out projects funded by the European Commission, such as Erasmus plus, European Solidarity Corps programmes, internships abroad and other types of mobilities within Europe.
 - Country: Spain
 - Address: R/ CARBALLO CALERO, NUM 6-8 15570 NARON A CORUNA
 Website: http://www.xeracion.org/
 - Website: <u>http://www.xeracion.org/</u>
 - **Contact**: info@xeracion.org
- Aims and Objective of the project: The project consists of a 10-month volunteering of a young woman from France. The participant will take part in different artistic and musical activities arriving, eventually, to organize some of them with the purpose of invigorating the cultural life of Ferrol.
- Impact of the project on the local community: Our work philosophy is based on co-management which means that the support and volunteer entity have a great weight when it comes to determining the details of the project. In this way we are able to keep them involved throughout the process. We have the collaboration of a support entity with extensive experience in international volunteer projects. At the local level we collaborate with several social and cultural entities of the city with which we develop joint initiatives in which the volunteer will be invited to participate.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "I think Ferrol is a very welcoming city and has a lot of potential as well, but unfortunately it is not very well known. I am looking forward to doing things to put the city on the map and allow other people, especially young people, to discover this beautiful city"
- Keywords: Citizenship and democratic participation, Youthwork, Culture
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







TALK WITH ME - Voluntary language mentors for young refugees

- Name of the project: TALK WITH ME Voluntary language mentors for young refugees
- Website: https://voluntary-mentors.eu/
- Project type / Field:
- Education and training, Equality and non-discrimination, Inclusion
- Short description of the project:

The Erasmus+ project "Talk with me: young voluntary language mentors for young refugees" was developed by three partner organisations: "Gemeinsam leben und lernen in Europa e. V." (GLL) from Germany, "Tulip Foundation" from Bulgaria and "Centrul de Voluntariat Cluj-Napoca" from Romania. Together, they devised a European project format for a language mentoring programme, in which young volunteers and young refugees meet on a regular one-to-one basis and talk to each other in a relaxed, informal setting. The overall aim of this project is to improve the integration of refugees in different European countries and to support volunteers who are working with refugees across Europe. We hope that our European model of a volunteer language mentoring programme is useful for other NGOs and helps them set up their own mentoring programmes. And of course, we hope that this project leads to long-lasting friendships between young locals and young refugees. This is the key to integration: to be able to speak the local language, to have someone to talk to, and to be connected within the local community.

Lead organization:

• Name: Gemeinsam leben & lernen in Europa

Short description: The NGO "Gemeinsam leben und lernen in Europa e. V." (GLL) is a private grassroot NGO in the region of eastern Bavaria, with its head office in Passau. The main 0 emphasis of GLLs work is to promote volunteering and initiate cooperation, activities and projects among the different individuals, organizations and communities who are all working to eliminate discrimination and inequality, wherever it appears. So therefore members of the organisation are local communities, districts, social organisations, private companies, decision makers and citizens. The promotion of equal opportunity for everyone is combated by voluntary projects and mainstreaming activities in the field of a) promotion of lifelong learning, b) fighting discrimination and racism by promoting tolerance and diversity, c) advancement of volunteer work within the community, d) the support of disadvantaged target groups, e) educational work, f) gender mainstreaming activities and g) innovative form of mainstreaming activities. GLL promotes mutual understanding and learning of each other as well as cooperation between all age groups as well as the people in Europe. Our main target groups are disadvantaged groups like migrants, refugees socially excluded people, disabled people or people with health restrictions, because they are particularly affected by discrimination and inequality. GLLs goal is promote their integration into society by means of the volunteer activities and measures of their association and active involvement of the various target groups. As an expert in the field of volunteer work, GLL provides some innovative measures for promoting and supporting volunteer work within the community. GLL runs an online platform on volunteer workplaces, provides training as well as advice and support services for volunteers. Moreover, GLL supports other NGOs recruiting new volunteers, organises an annual volunteer fair or information sessions on volunteering, and initiated a lot of volunteer projects, where a lot of people with various backgrounds (age, gender, race, religion, education, profession) become active on local level. Volunteers run and implement most of our projects; a lot of them are unemployed or disadvantaged in some ways. GLL has also initiated and coordinate several Grundtvig learning partnerships and Erasmus+ projects in the field of volunteering. To promote active citizenship, participation and empowerment of refugees and migrants, GLL runs a so called "Community room" - a physical nice little centre a free place for meeting, learning, and encounter. Additionally GLL runs an international womens' club and café, organises social activities, offers counselling and training for refugees and migrants to become volunteers (e.g. as intercultural trainers in workshops for children) and involves refugees and migrants in their own volunteer programmes. GLL runs three successful volunteer language mentoring programmes for kids, young and adult refugees, who can't speak German. Additionally GLL provides online information platforms for refugees and migrants, providing all relevant information living, learning, working in Germany in different languages. Through its information campaigns and sessions, film festivals and programs GLL tries to raise public awareness on the social exclusion of migrants and refugees and promotes ways of inclusion. Local projects are linked on European level (e.g. through Grundtvig learning partnerships and Erasmus+), as the promotion of intercultural learning and understanding within Europe plus the exchange of best practices and face-to-face cooperation with European partners is a core issue within GLL. For its efforts in the field of integration of migrants, promoting the European ideas and volunteering GLL had won many awards, such as the "European Citizen's Prize" of the European Parliament (2015), the award "Europa-Lillie" by the Europa Union Professional (2014); the "Active Citizens of Europa Award" by Volonteurope (2014)

- Country: Germany
- Address: Leopoldstraße 9 D- 94032 Passau
- Website: http://www.gemeinsam-in-europa.de/
- Contact: info@gemeinsam-in-europa.de

Partners:

- Partner 1:
 - Name: Cluj-Napoca Volunteer Centre (CNVC)

Short description: The Cluj-Napoca Volunteer Centre (CNVC) was legally founded, as an independent organization, in December 2004. Before this date, CNVC was functioning as a department within the ProVobis National Volunteer Centre. Through its official formation, CNVC continues and enhances, extends and innovates the activity of the ProVobis' Local Programs Department. Therefore, the history of our organization is longer than the time passed from its legal inception, being based on the experience that the employees and volunteers of CNVC hold in the field of volunteerism.

The mission of the Cluj-Napoca Volunteer Centre or Centrul de Voluntariat Cluj-Napoca (CNVC) is to develop volunteerism as a means of involving citizens in solving out the problems of the Cluj-Napoca community.

Our vision is that of a solidary Cluj, in which all citizens get involved in solving the problems of the community, by offering their time, knowledge, skills, energy, talents and experience for a healthier, more beautiful community. We dream about a community in which getting involved in a volunteering activity represents an accepted and shared value, for all community members.

- The objectives we are aiming at in our activity include :
- Increasing the number of volunteers within the Cluj-Napoca public institutions and NGOs;
- Increasing the degree of the community involvement of Cluj citizens, through volunteering activities;
- Increasing the innovation degree in the area of volunteerism (by implementing volunteering pilot projects);

- Increasing the visibility of volunteerism among the citizens of our community.

The services offered constantly by Cluj-Napoca Volunteer Centre, are deeply linked to its mission and objectives of promoting volunteering as an inexhaustible resource of citizens' involvement in solving community problems. For this mean, Cluj-Napoca Volunteer Centre is providing services for volunteers (campaigns and events to promote recognition of volunteering involvement, training sessions for volunteers), for NGO's and public institutions (recruitment and recommending volunteers, consultancy on volunteer involvement strategies, training and support for volunteer managers) and for the community (development of volunteering programs, campaigns and events to promote volunteering).

The Cluj-Napoca Volunteer Centre has been an active resource center for the volunteering movement in Cluj-Napoca, becoming a constant provider of quality volunteering programs for the community. In the 10 years of activity the organization has managed to implement a big diversity of volunteering programs and to offer support into raising standards in volunteer management in other local NGOs in Cluj-Napoca.

Country: Romania

Address: Centrul de Voluntariat Cluj-Napoca Nicoleta Chiș-Racolța (Executive director) str. Virgil Fulicea nr. 1 ap. 1 400022 Cluj-Napoca

- Website: <u>http://www.centruldevoluntariat.ro/</u>
- Contact e-mail: cluj@voluntariat.ro







• Partner 2:

- Name: Tulip Foundation
- Short description: Tulip Foundation has a mission to encourage social responsibility in Bulgarian society by enhancing co-operation among civil society, the corporate sector, national and local authorities to improve the quality of life and developmental opportunities for the people by:
 - Raising funds for social investment from individual donors, the business sector and public and private sources
 - Providing financial and technical support to civil society organisations addressing social needs of the community at a national level
 - Contributing to the effectiveness, sustainability and diversity of social programmes in Bulgaria by making targeted grants
 - Serving as a professional vehicle and provide expert advice, consultancy, assessment, monitoring and evaluation of projects and programmes
 - · Promoting transparency, accountability and professionalism to comply with the highest ethical standards
- Working in partnership with other civil and business organisations at national or local level for greater social responsibility and sustainability of the civil sector in Bulgaria

Tulip Foundation provides grants, training and networking opportunities for civil organisations as well as forums for exchange and cooperation with the business. Various programmes of the foundation bring together organisations and people that are willing to contribute to the society. Tulip foundation is leading a few national campaigns ("Solidarity between generations", "Volunteer initiative of the year" etc.) and is systematically working for encouraging volunteering and community engagement. For some years now the Tulip Foundation runs the Marketplace programme which is aimed at cooperation between profit and non-profit organisations (companies and NGOs). in the form of exchange of goods, materials, services and voluntary work. Tulip Foundation is active in identification, adaptation and introduction in Bulgaria of new up-to-date models and approaches in social filed. Over the past years the team has initiated and brought to practice a number of brand concepts like family group conferencing, marketplace, social impact analysis, Pass of the organisation effect.

Tulip Foundation's staff members have developed their experience in identification, adaptation and introduction of new methods in social work over the last 7-8 years. They are experienced in delivering trainings to NGOs, social workers, police inspectors, teachers, pedagogical advisors etc. The team has worked in cooperation with numerous civil organisations around the country as well as municipalities, agencies and ministries, Parliamentary commissions etc.

The activities of the Foundation are funded by public and private donors.

Tulip Foundation is managed by a Board consisting of three to seven members who are elected for a term of four years after being assessed for potential conflicts of interest. They accept and defend the values of the Foundation and perform their tasks voluntarily without remuneration, including determining the general policy of the Foundation; supervise the administration of the organisation; establish the expenditure policy, budget and annual financial statement. **Country:** Bulgaria

- Country: Bulgaria
- Address: Tulip Foundation Maria Petkova (Director) 1 Reka Osam street floor 1 ap. 2 Sofia 1124, Bulgaria
- Website: http://www.tulipfoundation.net/
- Contact e-mail: mpetkova@tulipfoundation.net
- Aims and Objective of the project: The overall aim of this project is to improve the integration of refugees in different European countries and to support volunteers who are working with refugees across Europe. We hope that our European model of a volunteer language mentoring programme is useful for other NGOs and helps them set up their own mentoring programmes. And of course, we hope that this project leads to long-lasting friendships between young locals and young refugees.
- Impact of the project on the local community: This is the key to integration: to be able to speak the local language, to have someone to talk to, and to be connected within the local community. With this project locals and refugees can meet, get to know each other, overcome stereotypes and prejudices and discover what they have in common.

• Roles of the volunteers In which percentage the project has been implemented by volunteers: 75%

- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program in Germany: on local level price money and some of the state of Bavaria
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Thanks to this project I have not only find a friend, but also improved my German and learned so much how things work in Germany. Moo (22 years) refugee from Syria.
 This was my first volunteer activity. It is so great to see that my work has an impact. And I discovered the joy of volunteering and became also a member of the board of your organisation and helped to found the youth departement of our organisation.
 Philipp Carstens, Germany
- Keywords: integration volunteering language learning mentorship
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: NO







Padova European Volunteering Capital 2020

- Name of the project: Padova European Volunteering Capital 2020
- Website: https://www.padovaevcapital.eu/
- Project type / Field:
- Citizenship and democratic participation, Community development, Culture
- Short description of the project:

In 2013 CEV - European Volunteer Centre - launched the European Volunteering Capital competition to promote and develop volunteering at the local level by giving recognition to municipalities that support and strengthen partnerships with volunteer centres and volunteer, involving organisations and celebrate and promote volunteering and the impact made by volunteers. The award is chosen from the applicant municipalities by an international jury of experts who assess the extent to which the recommendations as listed in P.A.V.E. and the "5R" policy priorities as identified in the P.A.V.E. 5 year review Helping Hands, are shown to be implemented. How the European Solidarity Corps will be supported and promoted is also part of the criteria. Padova won the title for the year 2020. We have planned our project as a three-year period (2019-2021) made up of thought, meetings, comparisons, projects, exchanges and relations – to offer the opportunity to redefine and rewrite the way of living together in the city, and design a future scenario with the active involvement all social actors. 2019 represented the Kick-off of the project in which we have developed ideas, strengthened relationships and made the recognition of European Volunteering Capital known to the widest possible public. 7 areas worth exploring have been identified; the themes discussed in these 7 areas were related to some of the Sustainable Development Goals (SDG) developed by the UN. These 7 areas and the related thematic tables, involving representatives of the Third Sector, Institutions, economic categories, Universities, research and training agencies, trade unions and the media at local and national level, guided the creation and development of the schedule for the whole year 2020. 2020 was suposed to be the year of events and celebrations and 2021 the year in which collect and capitalize datas, experiences, networks of contacts and contents gathered in 2019 and 2020 to inspire new projects and make it clear that the "period after" the EV Capital year

• Lead organization:

- Name: Service centres for volunteering of Padova and Municipality of Padova
- Short description: The Volunteer Service Centers are provided for by the Code of the Third Sector Law 117/2017, after having been established by Law 266/91, Framework Law on Volunteering. Law 117/2017 specifies in art. 63 that the CSVs have the task of "organizing, managing and providing technical support services, training and information, promoting and strengthening the presence and role of volunteers in the bodies of the Third Sector (...) with particular regard to voluntary organizations (...)". To this end, they provide their services in the form of services in favor of associations and organizations of the third sector. The services offered are promotion, guidance and territorial animation, training, information and communication, research and documentation, consulting, solidarity projects, technical and logistical support. The Volunteer Service Center of Padua is managed since 2004 by the association Centro Servizi Padova Solidale.
- Country: Italy
- Address: Via Gradenigo 10, 35131 Padova Italy
- Website: http://www.csvpadova.org/
- Contact: info@csvpadova.org
- Aims and Objective of the project: In our plan, being the EVCapital was a great opportunity to represent and involve the world of volunteering and civil engagement on a European level. The challenge was to transform Padua into a city-laboratory where all the social components would work together to attract ideas, activate projects and start long-lasting processes and experiences in order to create positive effects on Padova, Veneto, Italy and Europe.

Impact of the project on the local community: Being the EVCapital in the year of the pandemic, even if at the beginning was disappointing because we had to revise our plans, gave us the possibility to trasform our intentions into actions.
 Thanks to the contacts and networks created, we have been able to activate the aid machine in just a few days. 1700 people offered themselves to volunteer. We managed to help elderly people and peole in social and economical needs bringing them masks, food vouchers, shopping bags, and

other various types of aids. In the light of these results, we have filled our title of European Volunteer Capital with a much greater sense.

- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Own funding
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: You can find pictures and testimonials of what has been done, and is still being done in the frame of Padova EVCapital 2020 at the facebook page: https://www.facebook.com/padovavolontariato2020
- Keywords: Volunteering, Volunteers, EVCapital, CEV, Covid 19, Pandemic,
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Fostering the cultural life in the Vega of Granada

- Name of the project: Fostering the cultural life in the Vega of Granada
- Website: Not available
- Project type / Field:
- Climate action, environment and nature protection, European identity and values, Rural development and urban regeneration
- Short description of the project:

In our project of European Solidarity Bodies "Fostering the cultural life of the Vega of Granada", which will take place from June 1st, 2019 to December 31st, 2020. The centre of it will be in in Trasmulas, although it will be extended to the whole Vega of Granada. The participants will be 4 people from Germany, Algeria, Morocco and France who will have the opportunity to get involved in different activities of non-formal education and active education at local and international level, create their own projects regarding artistic, cultural and environmental activities, get involved in the educational system with linguistic animation activities, supporting the institutions of Láchar, Peñuelas or Trasmulas in sociocultural events and being an active part of raising awareness and advocacy activities focused on the environmental and cultural conservation of the Vega of Granada.

- Lead organization:
 - Name: Intercultural life educación activa por un mundo intercultural
 - Short description: Through our work we provide the framework for creative and lifelong learning that enables individuals to develop their skills of interaction, reflection and social action. It is a current challenge to learn to coexist with cultural and social differences and to be able to adapt to permanent changes. To this end, we believe it is essential to facilitate intercultural dialogue, to help the individual to develop a critical attitude and to encourage his or her active involvement in our society.
 - Country: Spain
 - Address: C/Barrio bajo 16 18328 Trasmulas / Granada
 - Website: http://www.intercultural-life.com/wp/
 - Contact: info@intercultural-life.com

Partners: Partne

- Partner 1:
 - Name: Tours Maison de l'Europe
- Short description: Promote European citizenship and solidarity, they also have non-formal education actions and actively promote youth participation.
- Country: France
- Address: 97 bis, Boulevard Jean Royer, 37000 Tours
- Website: <u>https://maisoneuropetours.fr/</u>
- Contact e-mail: maisoneuropetours@gmail.com
- Partner 2:
 - Name: The association Chifae
 - Short description: The Chifae Association for Development and Training is a non-profit association created with the aim of
 contributing to the development of the large district of Bir-Chifa in Beni-Makada by initiating structuring and proximity projects.
 Through non-formal education they encourage active and democratic participation in the community
 - Country: Other
 - Address: Avenue principale, Bir Chifae, calle 43, n°4 Beni Makada
 - Website: http://www.chifae.ma/
 - Contact e-mail: coordination.chifae@gmail.com

Partner 3:

- Name: IJGD
- Short description: Whose projects are active in the fields of intercultural work, social integration, migration, inclusion, health, social work, cultural activities and arts. They have a large network of facilitators and trainers in these areas. They use artistic, didactic and multimedia tools (drawing, music, theater, song, photography, video, etc.) as a means of expression and recognition of potential. This partner, given its diverses experiences, will bring a lot of expertise to the project.
- Country: Germany
- Address: Glogauer Straße 21Glogauer Straße 21 10999 Berlin Germany
- Website: <u>https://www.ijgd.de/</u>
- Contact e-mail: datenbank[at]wusgermany.de



Good practices



- Aims and Objective of the project: Carrying out this project we want to promote the local development of the Vega Granadina and the disadvantaged areas of the city of Granada. We aimed to promote understanding between young people from different cultures and contexts, open horizons for young people with fewer opportunities both in rural areas and disadvantaged neighborhoods of the city, encourage the socio-cultural life of the Vega of Granada and especially its rural areas, encourage youth participation, creativity, healthy lifestyles, and respect for the environment. By providing spaces for intercultural dialogue between international volunteers, young people from rural areas, cities and the local community we would like to bring Europe closer to rural areas in Andalusia and to disadvantaged areas of Granada through the reinforcement of the identity of this area revaluing its immense cultural and environmental heritage.
- Impact of the project on the local community: In cooperation with the collaborating schools and Vega Educa together with other groups will be carried out activities of Education for Development that focused on the dissemination and awareness on topics such as Human Rights, Environment and Ecology, Gender Equality, European Citizenship, Solidarity and Culture of Peace. Within these collaborating institutions will also be developed activities of linguistic animation in English and French.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Rural development and urban regeneration, Climate action, environment and nature protection European identity and values
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Lifespark

- Name of the project: Lifespark
- Website: http://www.lifespark.org/
- **Project type / Field:** Human rights
- Short description of the project:
- Education, information about death sentences in the USA, and letter writing to people on death row.
- Lead organization:
- Name: Lifespark
- Short description: lifespark is a non-profit organization founded in 1993 and based in Basel, Switzerland. One of our main goals is to arrange penpalships with inmates on death row in the USA. Other goals are to offer members support, donations and event organization. Currently we have about 300 members worldwide and have connected about 1735 penpalships in the past 27 years.
- Country: Other
- Address: lifespark, PO Box 3529, 4002 Basel, Switzerland
- Website: <u>http://www.lifespark.org/</u>
- Contact: contactus@lifespark.org
- Aims and Objective of the project: Lifespark is a non-profit organization, founded in 1993, with no religious or political affiliation. We are based in Switzerland, have members worldwide and pursue the vision of a world with human dignity being the fundamental and unconditional basis of societal systems. As organization, we want to take a stand against the death penalty which we consider a cruel form of punishment violating human rights, mainly by arranging penpalships with death row prisoners in the USA. Within the framework of democratic structures, our organizational work is done on a voluntary basis and financed by membership dues and donations. The organizational language is English; offers in other languages are based on members' initiatives. All members are welcome to contribute their individual skills and interests in various tasks and projects.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Planned the project
- Funding / EU programme co-funding the project: Own funding Membership fees
- Keywords: Death Penalty, Human Rights, USA
- Quality Standards of project with volunteers:
 Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: NO







EvolYou

- Name of the project: EvolYou European senior Volunteering through mentoring for the social inclusion of Young people in difficulties
- Website: <u>https://www.evolyouproject.eu/project/</u>
- Project type / Field:
 - Education and training, Employability and entrepreneurship, Inclusion
- Short description of the project:

EvolYou Project (2019-2022) is aimed at reducing the inequalities in learning among young people aged between 15 and 30 at risk of marginalization (migrants, asylum seekers and refugees, young people with special educational needs or with persistent economic problems, early school leavers), by supporting them with the help of senior volunteer mentors who provide skills and experiences acquired during their career.

- Lead organization:
 - Name: Volontariato Torino (Vol.To)
 - Short description: Volontariato Torino (Vol.To) is the Volunteer Support Centre of Turin, an umbrella non-profit organisation with 158 member organisations and a network of more than 1,300 associations, to which our Centre provides services according to the National Third Sector Law (article 101, comma 6, D.lgs. 117/17 approved on July 3rd 2017). Vol.To works to provide free services (such as training, consultancy, planning, communication etc...) to assist associations based in the metropolitan city of Turin.
 - Country: Italy
 - Address: Via Giolitti 21, 10123, Torino
 - Website: https://www.volontariatotorino.it/about-us/
 - Contact: europa@volontariato.torino.it
- Partners:
 - Partner 1:
 - Name: Immaginazione e Lavoro Società Cooperativa (IL)
 - Short description: Immaginazione e Lavoro is a training institution that for over 20 years has been offering high-profile training and guidance services modulated on the basis of the different needs of companies, people and the territory. IL proposes itself as a partner of companies to activate funding opportunities for training and to facilitate the placement of personnel. IL promotes courses for employed and unemployed people, as well as apprentices. IL is accredited by the Piedmont Region and the Lombardy Region for the provision of training and guidance activities financed through public funds.
 - Country: Italy
 - Address: Corso Galileo Ferraris 57, 10128, Torino
 - Website: <u>https://www.immaginazioneelavoro.it/</u>
 - Contact e-mail: and reello@immaginazioneelavoro.it
 - Partner 2:
 - Name: Seniors Españoles para la Cooperación Técnica (SECOT)
 - Short description: SECOT is a nonprofit organisation founded in 1989. The main objectives of the Association are to advise and train people, small businesses and nonprofit entities in all areas of business management. It has more than 20 delegations and offices spread over the Spanish territory. It has more than 1,300 members, of which more than 1,100 are senior volunteers, all of them are retired or early retired business executives and professionals of a variety of disciplines offering their business management knowledge and experience mainly to self employers, microenterprises and nonprofit organizations, through counselling and mentoring, face-to-face and online, by seminaries and lectures, with the aim to maintain and create employment.
 - Country: Spain
 - Address: C/ General Oráa 39, 28006, Madrid
 - Website: <u>https://www.secot.org/</u>
 - Contact e-mail: c.aleman@secot.org
 - Partner 3:
 - Name: Echanges et Consultations Techniques Internationales (ECTI)
 - Short description: ECTI is a nonprofit organisation created in 1974. It is the eldest French association of senior volunteers, with a vision of assisting and helping individuals and organisations in France and abroad. The association has around 2,000 active members, retired people who have a desire to utilise their skills and experience, transmit their knowledge and competences. They are spread over 14 regional and 54 local delegations covering the entire French territory. At the headquarter there are 5 salaried

employees. The 1,200 or so missions/year in France are distributed as follows: 40% into the very small and small business, 20% toward social activities, professional insertion and solidarity, 25% aimed at education (schools and universities) and 15% in the assistance of small public collectivities. The international sector counts for around 300 missions on top of that, mainly in the emerging countries. A very large part of the 20% social activities and most of the 25% education activities are aimed at

young people, therefore around 35% of ECTI's missions in France (more than 400 missions representing around 5,000 man-days) are touching the young generation, either through tutoring and coaching of students and trainees or NEETs and helping for successful professional insertion, or through conferences and interventions in every types of educational institutions.

- Country: France
- Address: Rue Championnet 78, 75018, Paris
- Website: <u>https://ecti.org/index.php/en/</u>
- Contact e-mail: accueil@ecti.org







• Partner 4:

- Name: Association Générale des Intervenants Retraités (AGIRabcd)
- Short description: AGIRabcd is a nonprofit NGO created in 1983. It has about 60 delegations in France and about 3,000 active members. They are
 retired volunteers belonging to every professional sector.
 In France AGIRabcd achieves assignments focusing on young people, social and professional insertion, support to entrepreneurship, individual
 needs and solidarity. They represent around 25,000 man-days on a yearly basis. AGIRabcd also achieves around 380 assignments per year in
 developing countries aimed at cooperation, development and solidarity. The organisation has to support itself and find funding for its actions.
- Country: France
- Address: Rue Letort 40, 75018, Paris
- Website: <u>http://www.agirabcd.eu/776_p_48612/presentation.html</u>
- Contact e-mail: am.lat@agirabcd.org

• Partner 5:

- Name: Office Technique d'Etudes et de Cooperation Internationales (OTECI)
- Short description: OTECI, one of the three main associations of seniors in France, is a nonprofit organisation. About 400 senior volunteers are executing assignments and missions in France and international countries.
- OTECI's experts are motivated and experienced seniors, mainly managers, from various companies in many sectors, their professional career being conducted in France and internationally. Since volunteers come from different industries, they are able to offer services in very different areas and domains (e.g. industrial affairs management, financing and accounting, environment, compliance with regulations, quality assurance, legal and property rights). The headquarter is in Paris, the regional offices in Lyon, Montpellier, Aix-en-Provence and Caen. In the world of business, volunteer consultants of OTECI bring their experience and expertise in all strategic fields. May it be on cash management, human resources, negotiation, communication or many other fields, they have the capacity to guide and assist beneficiaries in achieving their plans. The volunteers are retired and use their professional experience in order to resolve issues in the companies asking for support. In the world of university and schools, OTECI's aim is to contribute to the immersion of students into professional life by guiding them to understanding of the world of business, by making them aware of their future work environment, by reporting on ongoing changes and by helping them to find their place in this new world, first with traineeships, then with a job. OTECI works also for the French Ministry of National Education.
- Country: France
- Address: Rue du Havre 10, 75009, Paris
- Website: <u>https://oteci.asso.fr/en/home/</u>
- Contact e-mail: oteci@oteci.asso.fr

• Partner 6:

- Name: The Confederation of European Senior Expert Service (CESES)
 - Short description: The Confederation of European Senior Expert Services a.i.s.b.l., known as CESES, is a unique
- international not-for-profit association of 19 senior expert organisations from the Member States of
- the European Union.

Created almost 20 years ago (2000 is the year of its foundation) as the first legal entity of its kind, it is still the most important European-wide grouping of experienced senior volunteers.

It encompasses the skills of over 25,000 senior volunteers contributing to intergenerational solidarity in the EU. Most experts are experienced trainers. Combining the vast resources of the member organisations, CESES offers professional, voluntary assistance and advice to NGOs, enterprises, institutions and individuals, in particular young people. Most of this activity is related to mentoring, non-formal training and coaching contributing to the development and employability of young Europeans and elsewhere in the world, through mobilising CESES' extensive network of local volunteers. It also trains and motivates new volunteers harnessing the potential and expertise of an ever increasing number of older professionals, both retired and employed.

CESES is managed and run by volunteers. For each association, and for CESES itself, efficiency is natural as the organisations are managed mostly by volunteers providing highly qualified work for free.

- Country: Belgium
- Address: Avenue Bischoffsheim 36, 1000, Bruxelles
- Website: <u>http://www.ceses.net/</u>
- Contact e-mail: info@ceses.net

• Partner 7:

- Name: Senior Experten Service (SES)
- Short description: Senior Experten Service (SES), the Foundation of German Industry for International Cooperation, is Germany's leading volunteering placement organisation for experts and executives who are either retired or taking some time off work. It is a nonprofit organisation providing help for self-help: it has been helping people to help themselves since 1983 all around the world, in every industry and sector. SES' headquarter is based in Bonn; it is manned with ca. 130 employees and 90 volunteers. At present, SES has access to the knowledge and experience of over 12,000 experts from almost all professional spheres. Since 1983, it has completed more than 45,000 voluntary assignments in over 160 countries, with approximately a third of them in Germany. In 2018 more than 5,800 missions have been carried out in Germany and over 2,000 abroad (Asia, Africa and Latin America).SES is supported by the main associations representing German business: the Federation of German Industry (BDI), the Confederation of German Employers' Associations (BDA), the Association of Chambers of Industry and Commerce (DIHK) and the German Confederation of Skilled Crafts (ZDH). The activities of SES abroad are funded partly by the Federal Ministry for Economic Cooperation and Development (BMZ). Projects in Germany are supported by the Federal Ministry of Education and Research (BMBF).
- Country: Germany
- Address: Buschstraße 2, 53113, Bonn
- Website: <u>https://www.ses-bonn.de/en/startseite</u>
- Contact e-mail: b.tuchen@ses-bonn.de





• Partner 8:

• Name: Nestor Partners ry

• Short description: Nestor Partners ry is a nonprofit organisation established in Helsinki, Finland, in 1978. It is a community of experienced business executives, with members in business and society, board

members, business experts and management mentors. Nestor Partners ry has decades long and successful careers in nonprofit organisations, corporations in various businesses and industries,

government and public sectors and entrepreneurs and specialists both in Finland and abroad. The association counts about 60 members, retired managerial level people who have large experience about business life, with long and successful careers and solid experience in various positions in companies, management tasks and functions. They offer their services alone or as a team, according to needs. The advisors of Nestor Partners ry work together with Chambers of Commerce, banks, insurance companies, associations of entrepreneurs, "Startup Refugees" (a lifechanging social initiative supporting refugees and newcomers with employment and entrepreneurship in Finland) and cities like Helsinki, Espoo and Vantaa. Their main task is to help, support, tutoring and mentoring Finnish SMEs and startups pro bono. The goal is to provide broad and mature experience to different domestic and foreign organisations in Finland and internationally.

- Country: Finland
- Address: Särkiniementie 5 A, 00210, Helsinki (Finland)
- Website: <u>https://www.nestorpartners.org/6</u>
- Contact e-mail: info@nestorpartners.fi
- Aims and Objective of the project: The main objective is creating a mentoring methodological model of social inclusion valid in Europe that can favour the insertion of disadvantaged young people into the world of work, through a training path of participated involvement of senior expert volunteers in an intergenerational mentoring environment. To activate this new path, the project foresees the following outputs:
 - 1) A Methodological Manual for the pilot implementation [O1];
 - 2) A Didactic Experimentation implementing the new methodology [O2];
 - 3) A Recommendations Paper for policy makers [O3].
- Impact of the project on the local community: EvolYou project intends to raise the awareness of disadvantaged young people about the need of finishing an education and training path and about work introduction systems. Furthermore, it is aimed at improving their soft and employability skills and, consequently, their chances to access the labour market and to actively participate in society, so reducing their marginalisation risk. An other expected impact is developing the active contribution to society of the senior population, offering seniors an opportunity to make a service to themselves and to the community, by enhancing, in the same time, intergenerational (and sometimes intercultural) understanding between mentors and mentees. People involved in the project (trainers, mentors, volunteers and staff) are also supposed to enrich their expertise in mentoring, by taking advantage from their mutual exchange and new perspectives and by recognising the concrete value of European cooperation.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 50%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Mentor: "Helping young people in finding their life path has given me a great happiness and has made me feel younger again". Mentee: "There is a very strong relationship with my mentor, because at a certain point I felt her more like a mom than a mentor. She is in fact attentive to my needs, she listens to me and, whatever I ask, she is always available for me".
- Keywords: mentoring, tutoring, volunteering, inclusion, empowerment, migration, mentor, mentee, education, training, work, job, apprentice, citizenship
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Environmental volunteering in the Ebro Delta

- Name of the project: Environmental volunteering in the Ebro Delta
- Website: Not available
- Project type / Field:
 - Agriculture, forestry and fisheries, Climate action, environment and nature protection, Skills development
- Short description of the project:

The Ebro Delta is one of the most important natural areas in Europe, and one of the main ones in the Western Mediterranean. However, there are threats that make it necessary to work on its conservation. This implies working with the community, associations and local administrations, but also the involvement of European citizenship. The work of youth volunteering is a key element in this process

- Lead organization:
 - Name: SEO BirdLife DELTA
 - Short description: SEO/BirdLife, the Spanish Ornithological Society, is the oldest environmental NGO in Spain. Founded in 1954, our mission has remained the same ever since: with birds as our banner, we want to conserve biodiversity with the participation and involvement of society.
 - Country: Spain
 - Address: Ctra. Amposta a Eucaliptus, Km 18,5 43870 Amposta
 - Website: <u>http://www.seo.org/</u>
 - Contact: seo@seo.org

• Partners:

- Partner 1:
 - Name: GRENZENLOS interkultureller Austausch (Austria).
 - Short description: Grenzenlos is an Austrian NGO (non-governmental organization) based in Vienna. It is a non-profit association and independent of any religions and political bodies. Grenzenlos has been involved in intercultural exchange and volunteering programmes already more than 70 years, since it was founded in 1949.
 - Country: Austria
 - Address: Heiligenstädter Straße 2, 1090 Viena / Austria
 - Website: https://www.grenzenlos.or.at/
 - Contact e-mail: office@grenzenlos.or.at
- Aims and Objective of the project: The main objective of the ESC project is for young people from Europe to participate in the program of environmental volunteering activities that SEO / BirdLife develops in the Ebro delta and its protected Natural areas, living together and in solidarity with a community characterized by a culture and traditions deeply rooted and integrating into a group of local volunteers.
- Impact of the project on the local community: The programmed actions will be developed in natural protected areas and anthropized spaces of great environmental and socio-cultural value. Through development of the different activities (restoration and habitat conservation campaigns, awareness, environmental education, promotion of ecotourism, wildlife census and scientific bird ringing) and through awareness days, young people participating in the ECS project will have the opportunity to know the cultural wealth of the municipalities of the Ebro delta and Catalonia.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Climate action, environment and nature protection, Skills development, Agriculture, forestry and fisheries
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







"Poznani nieznani" (The foreigners we met)

- Name of the project: "Poznani nieznani" (The foreigners we met)
- Website: https://www.facebook.com/poznani.nieznani/
- Project type / Field:
- Helping refugees
- Short description of the project:

10 volunteers from Poland went to a Greek island, Lesbos to help and meet refugees there - these are people running away from the war in Afghanistan, Syria and African countries. Volunteers help prepare food packages for the refugees and also they can talk to the people and meet them in person. They also had an opportunity to see the refugees' campsite. Another responsibility of the volunteers is education, especially teaching English language.

- Lead organization:
 - Name: CARITAS POLSKA

 Short description: The below description is the adapted/ translated content of material available on official website of the organization. CARITAS POLSKA is a pastoral charity institution of the Catholic Church and the largest social and charity organization in Poland, which provides professional, multidimensional help to the excluded, the poor, living with various types of deficits. Caritas Polska, being their voice and spokesman, refers to clearly defined evangelical values, which set the criteria for assessing social reality and appropriate principles of operation: the principle of the common good, subsidiarity, solidarity and social love. Caritas Polska is a member of the confederation (170 member states) Caritas Internationalis based in the Vatican and the regional association Caritas Europa (46 member states) with a secretariat in Brussels and cooperates with the Vatican Dicastery for Integral Human Development, religious congregations, state and local administration, organizations social and religious, the business sector and all people of good will.

- Country: Poland
- Address: ul. Okopowa 55, 01-043 Warszawa
- Website: https://caritas.pl/kontakt/
- **Contact:** caritaspolska@caritas.pl

• Partners:

- Partner 1:
 - Name: Sant'Egidio
 - Short description: The below description was adapted from material available on official website of the organization. Sant'Egidio is a Christian community born in 1968, right after the second Vatican Council. An initiative of Andrea Riccardi, it was born in a secondary school in the centre of Rome. With the years, it has become a network of communities in more than 70 countries of the world. The Community pays attention to the periphery and peripheral people, gathering men and women of all ages and conditions, united by a fraternal tie through the listening of the Gospel and the voluntary and free commitment for the poor and peace.
 - Country: ITALY
 - Address: Piazza Sant'Egidio 3a, 00153 Roma
 - Website: <u>https://www.santegidio.org/pageID/30008/langID/en/.html</u>
 - Contact e-mail: info@santegidio.org
- Aims and Objective of the project: The project aims to:
 - - help the refugees at a refugees' campsite in Greece preparing food, education, and conversation
 - - getting to know the people; showing open attitude
 - communication, intercultural experience
- Impact of the project on the local community: Volunteers have the chance to "make a change" while they get to know the refugees living in the campsite in Greece (Lesbos island). The refugees will have the opportunity to develop their English language skills and meet a differnt culture creating a bridge between cultures is essential.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Implement the project
- Funding / EU programme co-funding the project: OWN
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: <u>https://www.facebook.com/poznani.nieznani/</u>
- Keywords: humanitarian relief, education, bridge between cultures, conversation, refugee
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







Bargas cooperates

- Name of the project: Bargas cooperates
- Website: Not available
- Project type / Field:
- Citizenship and democratic participation, Culture, Youthwork
- Short description of the project:
- The activities that we will implement will be related with supporting Youth Center activities in Bargas.
- Lead organization:
 - Name: PROYECTO KIEU
 - Short description: We promote the development of our territory, the region of La Sagra in Toledo, through community activities and projects with young people. From this collective we also collaborate with other population groups: children, families, women, men...
 Country: Spain
 - Address: CALLE HERNAN CORTES N 2 45230 NUMANCIA DE LA SAGRA
 - Website: http://www.proyectokieu.es/
 - Contact: info@proyectokieu.org
- Partners:
 - Partner 1:
 - Name: Bargas City Council
 - Short description: Council
 - Country: Latvia
 - Address: Plaza Constitución, 1, 45593 Bargas, Toledo
 - Website: <u>http://bargas.es/</u>
 - Contact e-mail: secretaria@bargas.es
- Aims and Objective of the project: The objectives of the project are: to promote of local and international volunteering, to increase cohesion and social participation from the youth collective, transformation of local reality and promotion of the human and economic development of Bargas and La Sagra.
- Impact of the project on the local community: The expected result by implementing this project is, chiefly, to increase youth participation in Bargas at the cultural, political, educational and leisure activities organized by the youth center, finding thus, a place of reference where they can consult their doubts and concerns, receive advice from other young people and carry out their initiatives with the support of youth workers and volunteers. In this way, they will find the youth services of their municipality more accessible and they will have different motivations to discover the activities organized for them in their community. Secondly, we want to increase the participation of young people in local and international volunteering programs, with the framework of the European Solidarity Corps as a reference.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Culture, Citizenship and democratic participation and Youthwork
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







INTERCULTURE 5S

- Name of the project: INTERCULTURE 5S: International Voluntary Service for Solidarity in the Sphere of Urban Development
- Website: <u>https://lublin.eu/lublin/wspolpraca-miedzynarodowa/biezace-wydarzenia-miedzynarodowe/wolontariusze-w-ramach-projektu-interculture-5s-wolontariat-miedzynarodowy-na-rzecz-solidarnosci-w-sferze-rozwoju-miast-juz-w-lublinie,1775,1198,1.html</u>
- Project type / Field:
- International, intercultural exchange

Short description of the project: Polish city - the city of Lublin - invited volunteers aged 18-30 from Ukraine and Poland for a period of 3 weeks. During that time the volunteers could see the historical site of the city and the urban area of Lublin in general. Additionally, the volunteers helped with the organization of an event: "Wschód Kultury – Inne Brzmienia" which is a festival. Additionally, volunteers from Ukraine attended some Polish language classes. This project received funding from the EU's European Solidarity Corps.

- Lead organization:
 - Name: The city of Lublin, Poland
 - Short description: The below description was adapted/ translated from official material available on the organization's website. Lublin is the largest city in the east of Poland. Lublin is a city of inspiration where the awareness of history inspires the future. Renowned international art events, theater, music and contemporary art festivals take place here. The high level of the cultural offer is also ensured by theaters, galleries and student clubs operating in the city. Lublin is also a city famous for its vast majority of universities.
 - Country: Poland
 - Address: Lublin City Hall authorities: plac Króla Władysława Łokietka 1, 20-109 Lublin
 - Website: https://lublin.eu/lublin/o-miescie/
 - Contact: (+48) 81 466 1000
- Aims and Objective of the project: The project aims to: promote volunteering experience
 - - promote international volunteering
 - - share international experience
 - - train the participants on organizing big city events
- Impact of the project on the local community: The volunteers will gain experience while they can help organize big city event. For volunteers from Ukraine this will be a great opportunity to visit a different country and learn about its culture. Local community will have a chance to observe the cooperation between Polish ad Ukrainian volunteers which will help create an attitude of openess.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Implement the project
- Funding / EU programme co-funding the project: Eu programme
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: <u>https://lublin.eu/lublin/wspolpraca-miedzynarodowa/biezace-wydarzenia-miedzynarodowe/wolontariusze-w-ramach-projektu-interculture-5s-wolontariat-miedzynarodowy-na-rzecz-solidarnosci-w-sferze-rozwoju-miast-juz-w-lublinie,1775,1198,1.html
 </u>
- Keywords: volunteers, international exchange, city event
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







NEON - Not Excluded from Our Neighbourhood

- Name of the project: NEON Not Excluded from Our Neighbourhood
- Website: <u>https://www-new.volontariatotorino.it/neon/</u>
- Project type / Field:
- Citizenship and democratic participation, Community development, Inclusion
- Short description of the project:

NEON project (2020-2021) was designed to improve some critical issues in the territory of a Turin suburb, the so called "District 5". The theme of "light" is the leitmotif of NEON: its ambitious goal is to "shed light on the shadow areas" of the territory, i.e. the abandoned public spaces and the phenomena of intolerance, in order to "enlighten consciences" and fight the ignorance that produces hatred towards those who belong to different nations and cultures. Beneficiaries are students or young workers in the neighborhood, their families, their networks of friends and potentially all the residents of the District 5. This project is funded as a Solidarity Project within the European Solidarity Corps programme and is carried out by a group of 5 young boys and girls between 18 and 30 y.o. (helped by 7 high school students).

- Lead organization:
 - Name: Volontariato Torino (Vol.To)
 - Short description: Volontariato Torino (Vol.To) is the Volunteer Support Centre of Turin, an umbrella non-profit organisation with 158 member organisations and a network of more than 1,300 associations, to which our Centre provides services according to the National Third Sector Law (article 101, comma 6, D.lgs. 117/17 approved on July 3rd 2017). Vol.To works to provide free services (such as training, consultancy, planning, communication etc...) to assist associations based in the metropolitan city of Turin.
 Country: Italy
 - Address: Via Giolitti 21, 10123, Torino
 - Website: <u>https://www.volontariatotorino.it/</u>
 - Contact: europa@volontariato.torino.it
- Aims and Objective of the project: The main aims and objectives of NEON project are:
 - Mapping places where hateful, racist or xenophobic messages are present in the form of graffiti;
 - - Design of creative responses to counter these hateful messages through the use of several artistic languages (e.g. street art, photography, film-making, drawing, painting);
 - - Organization of a final event in which the creative responses will be presented to the public.
- Impact of the project on the local community: The expected impacts on local community are:
 - 1) Increasing the level of integration and the opportunities of aggregation. Young people and local organisations should play a key role in this challenge, by increasing the social cohesion of the neighborhood as well as the sense of community by promoting social commitment;
 2) Increasing social inclusion of young people (and not only young people) with fewer opportunities, especially those who live in a disadvantaged condition due to low schooling, economic obstacles, constant risk of marginalization or discrimination (in the case of migrants);
 - 3) Fighting against inequalities, promoting equal opportunities and the opposition to any kind of racist behaviors;
 - 4) Supporting the transition to the new technologies, increasing digitalization and decreasing the digital divide of those who are disadvantaged;
 - 5) The most desired impact in the medium-long term is the change in the attitude of the residents towards migrants and foreigners, as well as a change of attitude towards the common spaces, which should become subject to a greater care. Finally it is desirable to get a renewed desire to enhance the neighborhood thanks to new initiatives addressed to boost people in remaining as residents in the area.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 83%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Volunteer involved: "With this project I feel I can give my little, but I hope important contribution, to make my neighborhood a better place".
- Keywords: integration, inclusion, migration, youth, empowerment, citizenship, participation, community, neighborhood, suburbs, volunteering, school, art, culture, non-discrimination
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







INTEGRATION FOR ALL

- Name of the project: INTEGRATION FOR ALL
- Website: Not available
- Project type / Field:
- Community development, European identity and values, Inclusion
- Short description of the project:
- The project "Integration for all" seeks to promote the social transformation of the territory through the exchange offered by the reception of young volunteers in social organizations.
- Lead organization:
 - Name: ASSOCIACIO OBRE'T'EBRE
 - Short description: obre't'ebre is a non-profit association that works in the field of youth, especially with young people at risk of exclusion. Its area of influence is Terres de l'Ebre, in the south of Catalonia. The area is characterised by being rural and with a high rate of unemployed people.
 - Country: Spain
 - Address: CARRER ULLDECONA, 26, 1R 2N 43520 ROQUETES
 - Website: <u>http://www.obretebre.org/</u>
 - Contact: obretebre@sinergia.org
- Partners:
 - Partner 1:
 - Name: Ajuntament de Roquetes
 - Short description: Council
 - Country:Spain
 - Address: Av. Diputació, S/N, 43520 Roquetes, Tarragona
 - Website: <u>http://roquetes.cat/ajuntament/index.php</u>
 - Contact e-mail: Not available
 - Partner 2:
 - Name: Istituto dei Sordi
 - Short description: The Turin Institute for the Deaf has been engaged for some time in an intense work of internationalisation of its activities and projects. Together with partners from foreign institutions with similar purposes, sharing experiences, research projects, building lasting paths of exchange, are in fact a necessary stimulus for our growth and continuing education.
 - Country: Italy
 - Address: Via S. Pancrazio, 65, 10044 Pianezza TO, Italia
 - Website: <u>http://www.istitutosorditorino.org/index.php</u>
 - Contact e-mail: info@istitutosorditorino.org
 - Partner 3:
 - Name: Ajuntament de Tortosa
 - Short description: Council
 - Country: Spain
 - Address: Pl. d'Espanya, 1 | 43500 Tortosa
 - Website: <u>http://www2.tortosa.cat/</u>
 - Contact e-mail: sac.tortosa@tortosa.cat
- Aims and Objective of the project: The benefit has to be for the young people and organizations that participate in the program, with the aim of building a more sustainable and social Europe.
- Impact of the project on the local community: The work that the young volunteers will offer in the different host institutions will help to stimulate and contribute to the improvement that our society needs, basicaly rural. In the course of volunteering, young people are encouraged to promote their own initiatives and develop new skills and competencies related to entrepreneurship. From the organizations will work to achieve these goals by supporting the volunteer who carries out activities autonomously and develop creative projects tailored to the needs of the organization. With regard to entities and the local community, the objective is for local volunteers involved in the development of the service (young local volunteers of the different entities, young people who participate in linguistic tandem ...) to learn and be able to develop new skills through formations promoted by the Erasmus Plus program.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Not available
- Keywords: Community development , Inclusion European identity and values
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Sports Runway

- Name of the project: Sports Runway
 - Website: https://www.sportsrunway.eu/
- Project type / Field:
- Health and wellbeing, Physical education and sport
- Short description of the project:

Equality of physical and recreational opportunities and Social Inclusion for people of all ages and background regardless of their place of residence or socio-economic background constitutes the impulse for Sports Runway project. The Sports Runway consortium will bring together 6 partners from 4 countries (Italy, Turkey, Portugal and Poland) over 18 months. The project will be coordinated by New Horizons a not for profit organization active in promoting social inclusion, cultural and sports activities in the efforts to revive a struggling small town of Tusa by means of international cooperation.

- Lead organization:
 - Name: New Horizons APS
 - Short description: New Horizons is a non-profit organization dedicated to promoting social development and cultural preservation for the local territory and bridging the local population to the constantly changing world outside by means of education and training, information service, and international cooperation. It is founded and run by young professionals who are designing, implementing and evaluating local and international youth projects. NEW HORIZONS is dedicated to creating and implementing educational concepts that allow participants to develop a self-defined strategy of learning in the framework of non-formal education.
 - Country: Italy
 - Address: Via Castello, 13 98079 Tusa (Me) Italy
 - Website: https://newhorizonsaps.org/
 - Contact: newhorizons.contacus@gmail.com

• Partners:

- Partner 1:
 - Name: UISP COMITATO TERRITORIALE DI PALERMO
 - Short description: UISP Palermo is a sports promotion agency recognized by CONI, it is also a social promotion association recognized by the Ministry of Labour and Social Policy, which offers sport for all as a right of citizenship and resource integration. UISP promotes its values through the best practices and participation in associations, to new ways of life and for the dissemination of the culture of rights, the environment and solidarity against all forms of discrimination and exclusion, including through international cooperation projects
 - Country: Italy
 - Address: VIA ROMA,94 90133 Palermo Italy
 - Website: <u>http://www.uisp.it/palermo/</u>
 - Contact e-mail: palermo@uisp.it
- Partner 2:
 - Name: Ciclabili Siciliane
 - Short description: Associazione Ciclabili Siciliane is a non-profit organisation that aims at promoting bicycle tourism as an opportunity for social, cultural and economic growth in Sicily and at disseminating the positive values linked to cycling and to the exploration of the territory and the encounter and cultural exchange with its people. It was founded by two passionate bicycle travellers who returned to Sicily after a long bicycle trip across Europe and Morocco in search of a new home. They decided to return and do something to make Sicily a better place to live in rather than changing home. After having gained first-hand information about how cycle tourism works in other European countries and Morocco, the founders realized that Sicily had the potential to become a bicycle tourism destination and hence benefit from its economic and social outcomes, especially in remote areas with few or no job opportunities at all for young people, but it lacked the necessary grassrotos initiatives, infrastructure and policies.
 - Country: Italy
 - Address: Via Quintino Sella 48 90139 Palermo Italy
 - Website: http://www.ciclabilisiciliane.com/
 - Contact e-mail: ciclabilisiciliane@gmail.com
 - Partner 3:

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- Name: Istanbul Metropolitan Municipality
- Short description: The Istanbul Metropolitan Municipality Youth and Sports Directorate is an institution that has been culturally focused, local and international for "future-oriented youth" since 10 October 2007. It works in favour of young people in Istanbul with active youth workers, volunteers, students, trainers, academicians, coordinators and project specialists with high knowledge, accumulation and motivation in youth oriented sports, arts, research, education, media and project management fields. It has been strengthened with years of institutional and sincere partnerships to enable young people to use sports, arts, research, education, project and media tools effectively. NGOs, universities, local governments and institutions and organizations in the European Union; The Erasmus+ program.
- Country: Other
- Address: Hobyar Mahallesi, Hamidiye Caddesi, No:2 Kat:3 Fatih/İstannbul (Turkey)
- Website: <u>http://www.ibb.gov.tr/</u>
- Contact e-mail: erasmust@ibb.gov.tr







• Partner 4:

- Name: ADEP ASSOCIAÇÃO DESPORTIVA PENAMACORENSE
- Short description: ADEP On May 3, 1978, by public deed, ADEP Associação Desportiva Penamacorense was officially founded. This Association originated in the former, "Cultural, Sports and Recreation Association of Penamacor", which came out of the unification of two other collectivities in the village of Penamacor that have lasted for several decades: The «Penamacor Sports Club» and the "Theater Club of Penamacor». ADEP is the partner no1442 of the Football Association of Castelo Branco, having participated in na official competition for the first time in its history, in the District Youth Championship of the season of 1978/1979.
- Country: Portugal
- Address: Jardim da República s/n Penamacor Portuga
- Website: <u>https://www.facebook.com/ADEP-Associa/</u>
- Contact e-mail: adep.penamacor@gmail.com
- Partner 5:
 - Name: WYZSZA SZKOLA BIZNESU I NAUK O ZDROWIU
 - Short description: WSBINOZ is the first non-public higher education institution in central Poland that offers health-allied and medicalallied studies as well as business and pedagogy faculties. The world class school facility and an outstanding training atmosphere promoted by highly competent and most distinguished specialist, practitioners and academic teachers guarantee the unique and ambitious curriculum, theoretical knowledge and practical skills so desired in professional life. Young adults are taught how to take advantage of the acquired skills and knowledge as well as to keep on developing personal abilities and become professionally successful.
 - Country: Poland
 - Address: UL PIOTRKOWSKA 278 90 361 Lodz Poland
 - Website: <u>http://www.medyk.edu.pl/</u>
 - Contact e-mail: m.orski@medyk.edu.pl
- Aims and Objective of the project: The project will seek to establish the synergy between sports and social elements to promote Equal Opportunity, Social Inclusion and other progressive EU values to geographically deprived people, refugees and youths in Juvenile Foster care who usually lack access to sports activities due to various reasons. Specifically there are four main objectives:
 - \circ $\,$ \cdot To make sports easily accessible goods for everyone regardless of their background
 - \circ $\,$ $\,$ \cdot To equip participants with sound practical knowledge and skills to practice sports,

 - • To produce a guideline for how to best involve and train geographically disadvantaged people
- Impact of the project on the local community: The project shall result in two principal outputs: (1) Sports Training courses with 04 Modules (Badminton Futsal Cycling Basketball) in three countries (Italy, Portugal and Turkey); and (2) A series of Friendly matches and group bike-riding tour in each three selected countries. In the end, Sports Runway will produce also a Social Sports Training manual and will make effective use of the cross-sectoral partnership to spread its impact, especially reaching political level for a good sustainability.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 30%
- The volunteers: Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes:
 - "The project was a good occasion to visit sports structure abroad (e.g. Portugal, Turkey)"
 - "to know new sports like badminton"
 - "to involve people in marginalized area and neighborhood"
 - "we want more initiatives like this"
- "I've never used a bike before, now it is my first means of transportation in Palermo"
- Keywords: Sport in remote area; social inclusion, social integration trough sports; Sports Manual.
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: NO







"Invite a student to your life" AFS POLAND

- Name of the project: "Invite a student to your life" AFS POLAND
- Website: <u>https://poland.afs.org/program-goszczenia/</u>
- Project type / Field:
- International exchange/ Intercultural expereince/ education
- Short description of the project:

The project starts when a family invites a student/ learner from abroad to come, live and study in their home coutry. In this case, the focus is on students of different origin and cultures coming to live in Poland. The responsibility of the hosting family is to provide free accommodation and 3 meals per day for the learner. The student is welome to learn about the new culture (Polish culture), meet new friends and start a special bond with the hosting family, based on friendship and positive emotions. Before the student's arrival the hosting family is visited by volunteers and help is offered to make sure that everything is ready for the student's arrival.

- Lead organization:
 - Name: AFS POLAND
 - Short description: AFS POLAND is part of AFS INTERNATIONAL an international NGO organization based on volunteering activities. The mission is to help build the world full of justice and peace. The main focus of the organization is intercultural experience which develops understanding and friendship. AFS was founded in Paris, back in 1915 (it was started as American Ambulance Field Service). After the World War I the mission of the organization was to build friendly relation between USA and France. After the World War II the organization started its inter-cultural exchange programme. In Poland, the organization is appreciated and supported by: educational institutions, companies, individuals and scholarship founders.
 - Country: POLAND (part of international organization started in France)
 - Address: ul. Rzeźnicza 4, 31-540 Kraków, Polska
 - Website: https://poland.afs.org/_
 - **Contact**: (+48) 535 316 865
- · Aims and Objective of the project: The project aims to:
 - - promote intercultural experience
 - - promote the attitute of understanding and friendship
 - - teach understanding of different cultures
- Impact of the project on the local community: Local communities are encouraged to learn about different culture and traditions. They can meet a new friend from a different country and experience international exchange. Volunteers help the hosting family prepare for the arrival of a student from abroad the hosting family is volunteering as well.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Implement the project
- Funding / EU programme co-funding the project: In Poland, the organization is appreciated and supported by: educational institutions, companies, individuals and scholarship founders.
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: <u>https://www.youtube.com/watch?v=rMFyOjpOAXE</u>
- Keywords: Intercultural, international exchange, international student, learner
- •
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES







SEEBRÜCKE Eichstätt/Ingolstadt

- Name of the project: SEEBRÜCKE Eichstätt/Ingolstadt
- Website: https://seebruecke.org/
- Project type / Field:
- Citizenship and democratic participation, Human rights, Civil Sea Rescue
- Short description of the project:

SEEBRÜCKE is an international movement, supported by several civil society alliances and people. We declare our solidarity with people who are forced to flee their homes. From German and European policy makers, we demand the establishment of safe routes for refugees, to stop the criminalisation of sea rescue and to receive them in a humane way whilst respecting their rights.

- Lead organization:
 - Name: SEEBRÜCKE
 - **Short description**: SEEBRÜCKE is an international movement, supported by several civil society alliances and people. We declare our solidarity with people who are forced to flee their homes. From German and European policy makers, we demand the establishment of safe routes for refugees, to stop the criminalisation of sea rescue and to receive them in a humane way whilst respecting their rights.
 - Country: Germany
 - Website: seebrücke.org
 - Contact: press@seebruecke.org
- Aims and Objective of the project: Since autumn 2018, more than 62 municipalities in Germany have declared themselves Safe Harbours and new ones are constantly being added (status: 27.06.19). Even if the respective declarations go to different levels, the Council decisions show that cities, municipalities and rural istricts are committed to prevent the deaths in the Mediterranean and the criminalisation of sea rescue workers. Our goal is to create as many Safe Harbours as possible and we're confident, Ingolstadt will be one of the next cities on our ever-expanding list
- Impact of the project on the local community: Taking in refugees, when they need our help, doesn't only benefit them. By establishing as many Safe Harbours as possible, we improve the cultural diversity of the respective communities.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Own funding, Crowdfunding
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: While we still have a long road ahead of us, we are confident, that our actions have already helped the refugees on Lesvos and the civil sea rescue and we're hoping, we can keep up the enthusiasm of every single volunteer working with us.
- Keywords: Civil Sea Rescue, Refugees, Safe Harbors, SEEBRÜCKE, EU
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







2020 Changemakers

- Name of the project: 2020 Changemakers
- Website: Not available
- Project type / Field:
 - Climate action, environment and nature protection, Youthwork
- Short description of the project:

Welcome to Changemakers 2020! We are a group of joyful, motivated youngsters who want to put our weight into fighting climate change. Through the European Solidarity Corps we created a project about the environment, media and activism. We aim to stimulate awareness and to confront ourselves with our impact on the environment. By learning from each other on an international level, we will be able to actively make a difference. After the project we will spread our message to a wider audience.

- Lead organization:
 - Name: Koning Kevin
 - Short description: Koning Kevin is a non profit organisation acknowledged by the Flemish Government as Youth Work. Our purpose is to stimulate and encourage a responsible, playful and animated attitude by children and youth. We organise activities with a focus on creativity. We include music, visual arts, media, movement and theater. We work with a staff of 9 people and almost 200 volunteers. We provide training to youngsters who want to work with youth on a voluntary basis. Therefore we have our own series of courses and we provide internships for them in our own organization. During the summer we organise summer camps with a strong focus on creativity. Our volunteers are all trained by Koning Kevin.
 - Country: Belgium
 - Address: Kapellekensweg 2 3010 Kessel-Lo Belgium
 - Website: <u>https://www.koningkevin.be/</u>
 - Contact: internationaal@koningkevin.be
- Partners:
- Partner 1:
 - Name: Embaixada de Juventude
 - Short description: Embaixada da Juventude (EJ) is a dynamic non-profit youth organization that initiates and implements local projects of the positive social impact, particularly in the field of social inclusion and whereas young people have a central role. It was established in 2015 as a successor to the Morpheus award project, an initiative on the rural side of Paredes to study the needs of the youngsters. As a fruitful outcome, EJ, creates local initiatives aiming to bypass the urban division and provide a fulfilling and productive life for the youngsters. Currently EJ has 3 main areas of activity. social entrepreneurship, project management and active citizenship.
 - Country: Portugal
 - Address: Avenida de Republica 73 Avenida de Republica 73 Baltar, Porto Portugal
 - Website: https://www.facebook.com/embaixadadajuventude/
 - Contact e-mail: projects.embaixadajuventude@gmail.com
- Aims and Objective of the project: We aim for our project to have a positive impact on multiple levels and leave us and the youngsters from our partner organisation feeling enriched in various areas.
 - - Get together and create hands on opportunities for engagement in solidarity activities affecting positive societal change.
 - Giving ourselves and each other the opportunity to improve skills and competences for personal, educational, social, civic, cultural and
 professional development: we will work on working in international teams, communicating in a foreign language and in a different context, digital
 skills, management of a project etc.
 - - Stimulating awareness and confronting ourselves with the positive and negative impact of our behavior on the environment. For the organisations involved: To strengthen each organisation and create a long-term impact on the daily operation
 - Learning to think in a different way and to be open for other cultures and languages. Local, national and international impact:
 - - Expand the project to a larger public Stimulating awareness and confronting our viewers with the positive and negative impact of our behavior on the environment.
- Impact of the project on the local community: Working together with youngsters from local community. Listening to the local needs, join efforts, connect with each other.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Planned the project, Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: International projects are for me the way to connect with others, to widen my horizon. I improve my social skills and learn more about interesting topics like gender, environment...
- Keywords: Youth Work, Activism, Agency
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Angloville

- Name of the project: Angloville (POLAND)
- Website: https://angloville.com/poland-off-the-beaten-path/poland/
- Project type / Field:
- Culture, Education and training, Educational camps
- Short description of the project:

A Polish foundation (Development Without Boundaries Foundation) cooperates with Angloville in order to orgaznize educational camps in Poland. The volunteers of the Polish organization teach English language and also help organize the meetings with Native Speakers from the USA, Canada, Great Britain and Australia. The main goal of the foundation is to promote international volunteering. Volunteers' help is essential in order to invite the Native English Speakers (VOLUNTEERS) to Poland and also help them get to know the Polish culture and inhabitants.

- Lead organization:
 - Name: Development Without Boundaries Foundation
 - Short description: The foundation's activity is mainly focused on English language teaching, cultural exchange, promotion of volunteering and singing education.
 - Country: Poland
 - Address: Ul. Edwarda Heila 9-52, 30-654 Kraków
 - Website: <u>https://frbg.pl/</u>
 - Contact: https://frbg.pl/

• Aims and Objective of the project:

- Increase English language skills of the participants of education camps
- - children and adults -Promote international volunteering
- -Promote intercultural expereince
- Impact of the project on the local community:
 - -Better understanding of international environment
 - -Understanding different cultures
 - -Meeting new people from different cultural background
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 90%
- The volunteers: Implement the project
- Funding / EU programme co-funding the project: OWN funding
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: <u>https://www.youtube.com/watch?v=ERW-W5FFV4A</u>
- Keywords: volunteers, intercultural experience, teaching English, volunteers from abroad, educational camp
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES



Good practices



Refugee Law Clinic Munich

- Name of the project: Refugee Law Clinic Munich
- Website: <u>http://rlcm.de/</u>
- Project type / Field:
- Equality and non-discrimination, Human rights, Inclusion
- Short description of the project:

The concept of the "Law Clinic" originated at American universities and has been practiced there since the 1960s. What is meant by this is free legal counseling by students for those seeking advice. In addition to training their practical skills, law students can in this way give socially disadvantaged groups of people access to qualified legal advice. So it's a win-win situation! Some of these law clinics - the "Refugee Law Clinics" - have specialized in the areas of asylum and immigration law. We - the Refugee Law Clinic Munich e.V. - are a student initiative which, as a non-profit association, offers asylum seekers, refugees and foreigners free legal advice in the area of asylum and foreigners law. We are in constant exchange with the experienced lawyers from our advisory board.

- Lead organization:
 - Name: Refugee Law Clinics Deutschland
 - Short description: Founded in September 2016, the non-profit Refugee Law Clinics Deutschland e.V. is the association of student legal clinics in the field of migration law. As the federal association of RLCs, it promotes the working conditions of its members in a sustainable manner. The association achieves this primarily by providing structural and professional support to the individual RLCs as a whole, including organizing the annual network meeting of student migration law clinics in Weingarten. In addition, the association uses its nationwide orientation to network with relevant governmental and non-governmental actors and represents the interests of the German RLCs to them.
 - Country: Germany
 - Website: https://rlc-deutschland.de/
 - Contact: info@rlc-deutschland.de
- Aims and Objective of the project: The Refugee Law Clinic provides legal support to refugees in terms of migration law. Law students are able to enhance their knowledge and skills while doing important voluntary work and refugees, who often do not have the money to get legal support from full lawyers, get the assistance and support they need. Thanks to various partners, we are also able to provide help when it comes to searching a job or a flat.
- Impact of the project on the local community: Students benefit from acquiring knowledge in a specialized field while still studying. An internal training program imparts the necessary knowledge in refugee and alien law, an area of law that still occupies a niche position in current university education. Advanced members of the Refugee Law Clinic apply the acquired knowledge in practice, e.g. during office hours or when supervising a mandate under the guidance of fully qualified lawyers. The clients receive close, personal support through this offer. Refugee Law Clinics are often the first point of contact for those who cannot afford legal advice.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 100%
- The volunteers: Managed the project, Have been involved in the implementation
- Funding / EU programme co-funding the project: Own funding Crowdfunding
- Keywords: Legal support, Refugees, Law, Law Clinic
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES





Good practices



SAHS "Sicily against hate speech"

- Name of the project: SAHS "Sicily against hate speech"
- Website: generazionezero.org Discord server: https://discord.gg/XZYkvZgQ
- Project type / Field: Citizenship and democratic participation, Education and training, Equality and non-discriminationt
- Short description of the project: The Project SAHS, "Sicily against hate speech" is a youth workers online mobility project that will be held in Ragusa from 12 to 15 May 2021 and will see the presence of 28 participants from 7 countries European countries on the Cisco webex and Discord platform. The purpose of the project is to provide participants with tools and information on the countering fake news, media manipulation and hate speech. The project aims to curb the growth of nationalism and discrimination based on ethnicity and and origin, combating communicative violence in the world of information. With the SAHS project, the experience on free and independent information is made available in order to give tools to recognize the manipulation of news and the myths that are thus generated through fake news throughout Europe. The development of pseudo information has in fact facilitated the return of myths and fake news about the most vulnerable minorities; such myths easily spread to the strata of the population that have layers of the population that have more difficulty filtering news and retracing sources. Another objective of the project is to understand the role that youth workers play in the field of information, and improve the ability of young people to discern false news from true news and prevent it from triggering discrimination, phenomena of discrimination. The project will focus primarily on the category of refugees. Participants will be guided through non-formal education methods (simulations, group reflection, theater activities). group reflection, theatrical activities) to understand how manipulated news lead in a more or less direct way to more less direct, to more or less direct forms of discrimination. The organizations in the partnership agree on the worrying levels of discrimination and incitement to ethnic and racial hatred today, due to the diminishing role of the media as the "watchdog" of political power. Therefore NGOs have a need to develop innovative pedagogical methods in order to enable young people to decipher the anxieties and problems of the society in which they are living. SAHS aims to give youth workers, aspiring journalists, activists in defense of minorities, with the tools to identify of fake news and the elaboration of a strategy to counter it. Our project is strongly strongly linked to the objectives of Erasmus+. In particular, it shares with it the macro-objective of encouraging young people to active participation, as reported by the European cooperation in the youth field (2010-18). We also share with it some more specific objectives, such as the participation of young people in the We also share with it more specific objectives, such as the participation of young people in democratic dialogue through the healthy and timely use of the media within the EU. In fact, young people who are more aware of their role and the responsible use of information sources can be less vulnerable to manipulation for purposes other than informing European citizens correctly. European citizens. Therefore, the project focuses on precise objectives, namely the development of specific to spread awareness of the critical use of the media in order to counter the phenomenon of fake news counteract the phenomenon of fake news: - support integration and counteract the conflict between residents and migrants; - countering myths about religion and origin, promoting diversity as a richness provide nonformal education methods to understand and filter the news that young people may learn from social media and young people can learn from social media and traditional media; - foster a sense of belonging to the to foster a sense of belonging to the European community and its institutions to encourage the participation at all levels of aware and informed young people. The action that the partnership aims to implement, falls within the general objectives of the Erasmus + Program: participation in social and civic life, inclusion, fight against racism and stereotypes, improving social and relational skills of young people. SAHS provides, therefore, that there is no vertical hierarchy between teacher and learner, but that all participants can contribute equally to the definition of the phenomenon and the debate that Call 2019, Round 3, KA1 - Learning Mobility of Individuals. KA105 - Youth mobility FormId KA105-F75EE170 Deadline (Brussels Time) 1 Oct 2019 12:00:00 EN 40 / 107 activities will inevitably produce. The role of the trainers will be to support, moderate and present the project topics, enabling all participants to influence the expected outcome.

Lead organization:

• Name: Generazione Zero

- Short description: Generazione Zero is an Italian association founded in Ragusa (Sicily) in 2012, as a result of the activities of an informal group involved in the Youth in Action program (1.2) in 2011. Its members, all young people between the ages of 16 and 29 and mainly from the south-east of Sicily, in the following years carried the association's initiatives also to other Italian territories (Rome, Turin, Bologna, Piacenza).Generation Zero operates in two main fields: social antimafia and the promotion of human rights. Concerning antimafia, the association works in investigative journalism, through the journal "generazero.org" duly registered with the Ragusa court. In particular, it is focused on the analysis of criminal organizations present in the Hyblaean area, on the archaeo-mafias, the agro-mafie and on the ecomafias operating at national level, on the migratory conditions in the suburbs. The association has been promoter of legality and educational projects in schools and organizing, education courses on the Constitution and labor law for asylum seekers. With regards to human rights, Generazione Zero has been PIC number: 920479270 Partner Identification form 2020 involved in various initiatives on the promotion of human rights, such as the Festival of the Law of Piacenza in 2014 and the Biennale Democrazia di Torino festival in 2015, through the 'Muri e Confini' project. The association has developed a website called "dirittieuropa.it" with the aim of disseminating the principles of European law and jurisprudence and since 2016 has carried out the "Europe in Translation" project in partnership with the "Head of the Case-Law Information and Publications Division" of the European Court of Human Rights. Over the years, Generazione Zero has developed its own network of local and national partners, in particular: Libera, Nomi e Numeri Contra le Mafie, Fuci, Agesci, CGIL, Siciliani Giovani, CalcioSociale, Radio Impegno. It has collaborated with many European partners, organizations as Trasform! Europe,
- Country: Italy
- Address: Fraz. Puntarazzi SP 60 Km 3,5 Ragusa
- Website: generazionezero.org
- Contact: sandro.tumino@hotmail.it
- Partners:
- Partner 1:
 - Name: Fundacja Ferso (PO)
 - Short description: FERSO Foundation is a non-profit organization established in 2004. It is a Public Benefit Organization, a member of the National Federation of NGOs and the NGO Federation of Lodz. The main aim of FERSO is to support sustainable development of civil society through education, art and multimedia technologies. The Foundation achieves its objectives by organizing and financing lectures, workshops and trainings. It organizes out-door activities, green schools, summer and winter camps, concerts, publications, exhibitions and sport events. The main aim of the organization has expanded and now it is focused on increasing civic participation, the promotion of democratic values and sustainable lifestyle. FERSO is one of the leading organizations in the field of NON-FORMALECOLOGICAL and INTERNATIONAL CITIZENSHIP EDUCATION in the region. FERSO develops its own innovative educational programs for all age groups. Among children who we work with are those at risk of exclusion, from poor families and orphans. We offer them free-of-charge activities. We were also working with the youth from rural areas and support their participation in YiA and Europe for Citizens programs, facilitating their non-formal learning process and development of self-conscious young citizens. For years FERSO has been very active in EVS which aims to encourage the participation of less advantaged young Europeans. As for adults, we were realizing a Grundtvig Senior Volunteering Program for the unemployed.
 - Country: Poland
 - Address: 28 Pułku Strzelców Kaniowskich 71/73
 - Website: <u>http://www.ferso.org/</u>
 - Contact e-mail: fundacja.ferso@gmail.com

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• Partner 2:

- Name: Teatro Metaphora Associação de Amigos das Artes
- Short description: Founded in 2009, Teatro Metaphora Associação de Amigos das Artes is a non-profit association whose purpose is to develop cultural activities for benefit of community's development and education. Its objectives are to develop social and personal competences of children, youth, and adults by organising local and international projects, camps, training courses, conferences, seminars, consultations, lectures and other educational activities, based on non-formal education principles for kids, youth and adults. Teatro Metaphora strives to contribute to an artistic and cultural program aimed at enhancing the quality of life with meaning, not only entertainment. The organization's activities is an essential part of overall strategy for Madeira to be a creative community, and the organization itself a meeting point for innovation and change, aimed at strengthening the excellence of our island. Teatro Metaphora promotes equal opportunities, inclusion, active citizenship and participation of children, youth and adults and creation of various opportunities for them. Our main actions can be grouped in three distinctive segments: 1) producing theatre shows, promotion and participation in cultural activities around various artistic disciplines, contributing thereby to the development and dissemination of cultural heritage; PIC number: 946880536 Partner Identification form 2018 2) organising national and international projects, seminars and trainings, under local, national and European programs (Erasmus+); 3) as a result of the past Youth Initiative, we develop a wide range of activities and workshops related to natural heritage, recycling, climate changing, environmental best practises topics.
- Country: Portugal
- Address: Travessa da Saraiva, 12
- Website: <u>http://www.teatrometaphora.org/</u>
- Contact e-mail: josebarros7@gmail.com

• Partner 3:

- Name: Rujienas novada pašvaldība
- Short description: Rujienas novada pasvaldiba has institution Youth initiative centre. Youth initiative center is open space for young people to find their place, friends and develop new ideas for city and self development. We are open from September 2012. Rujienas multifunctional youth initiative center represents youngsters in age from 13 to 27. Every day 20 youngsters uses facilities and activities organized by youth initiative center. Center is the place where social problems are discussed and new ideas are generated. We organize activities like meeting with personalities, playing games, drawing, dancing and discussions. Also we have group of interests working in social, sport and culture field. The new ideas will involve more young people to be with social responsibility. We are participating in different projects and also this year we got approved two youth exchange projects what was generated by youngs.
- Country: Latvia
- Address: Raina street 3, Rujiena, Latvia, LV-4240
- Website: http://www.rujiena.lv/
- Contact e-mail: daina.roze@rujiena.lv

• Partner 4:

• Name: Neoi Ellados se Eyropaiki Drasi - Youthfully Yours Gr

Short description: Youthfully Yours Gr was born in 2011 by a company of friends interested in Non-formal Education, Youth Work & European Mobilities. YYGR is a Non-profit Organization (NGO) from Thessaloniki Greece, with activity on local, national & European Activity Level, interested in Arts, Environment, Democracy, Unemployment, Sustainability, Creativity and Entrepreneurship, Volunteering, European and Balkan culture as well as urban and regional activities. YYGR promotes friendship, peace, respect for human rights, anti-racism. Voluntary mutual help on the above matters is the subject to our meetings and therefore activities. YYGR wants to encourage young people to participate in European/International training/exchange/EVS etc. programs, in order to build a stronger future for our country, acquaint the versatile colorful world we are living , free of xenophobic attitudes, with hope for friendships that will last for a lifetime. Therefore, the Organization is comprised of young volunteers that promote, organize, manage and support projects and ideas that can have a positive impact on the youth and society.

Main activities of our organization :

- Hosting and Participating in Erasmus+ projects
- Sending EVS organization
- Local street Actions
- Presentations of European opportunities
- International Nights
- Webinars on Digital Tools
- Artistic/Up-cycling/Recycling Workshops
- Movies projections
- "Open Coffee" afternoons

Youthfully Yours Gr has successfully organized the following European projects:

- Youth Exchange "From the Bin to the Gallery", 30/04 - 07/05/2014. Our project focused in Artistic Up cycling as a mean for Youth to enable themselves and their communities to fulfill their need for emotional release through creative expression. 25 participants from 5 European countries participated in this YE. One of the results of our first was a Toolkit that was posted on Salto (https://www.salto-youth.net/tools/toolbox/tool/from-the-bin-to-the-gallery-artistic-up-cycling.1559/) and included on the best practices on the website of the Greek National Agency. You can find more info here:

https://fromthebintothegallery.wordpress.com/about/

- Training Course "Youth Initiatives for Social Engagements", 24 - 30/06/2014. Our project gave the opportunity to 39 Youth Workers from 13 European Countries, to understand, exploit and contribute to the possibilities of Youth Initiatives for Social Engagement, participate actively in the community and share the benefits of active citizenship with other youth groups, help on preparing and organizing, using useful tools to succeed in their goals, along with increasing and promoting the wonders and creativity alternative educational methods have to offer.

more info here: http://usocial14.blogspot.gr/p/about.html

- Seminar "Youth Health, watch, learn, share", 4 - 10/10/2014, in cooperation with the Belgian NGO "Joetz". In our project, 20 Youth Workers from 10 European countries, had the opportunity to present the activities of their organizations, discuss good volunteering practice, the advantages and the challenges of non-formal education, exchange experiences and plan activities for the youth.

- Training Course "Erasmus+ for Everyone", 22 - 28/04/2015. In our project, 28 Youth Workers from 7 countries, discussed about opportunities of Erasmus+, planned future actions and learned Digital Tools .

- Youth Exchange "Technology meet Employability", 04 – 12/04/2017. Our project brought together 38 young people from Greece, Poland, Slovakia, Romania, Slovenia and Portugal to discover how to use technology to increase their employability. You can find more info here: https://techmeetemployability.wordpress.com/



Good practices



• Partner 4:

- Training Course "FaciliTRAIN", 20 - 28/06/2018 (Thessaloniki /Greece), 11 - 20/10/2018 (Whitley Bay/United Kingdom). The main theme of this Training Course was to provide space for development of training competencies of youth workers with emphasis on the learning to learn. Thematically the training introduced the approaches of youth participation and cultural diversity.

- Contact Making Seminar "Come Together for Future Opportunities", 5 - 11/12/2018 (Thessaloniki /Greece). Our Seminar involved 46 participants from 20 Programme countries. The project aimed to create and stimulate future collaborations between the participants and build a solid and lasting network of European partnerships enabling them to develop common projects around the theme of employability and youth participation.

Our organization's target group is young people (18-35) from all around Greece, interested in volunteerism, personal developement, awareness, european mobilities, artistic applies, street action, etc. Many vounteers face economical difficulties or coming from rural areas, so Youthfully Yours Gr involves also young people with fewer opportunities.

- Country: Greece
- Address: Kanari 1
- Website: <u>http://www.youthfullyyours.gr/</u>
- Contact e-mail: info@youthfullyyours.gr / youthfullyyoursgr@gmail.com

• Partner 5:

- Name
- Youth-fully Yours Slovakia
- Short description: Youthfully Yours SK is a Non-governmental organization located in Eastern part of Slovakia.

What we would like to see in our region are Ambitious & Competent young people eager to benefit their community.

In order to achieve that, we feel determined to advance young people's competences, to empower a sense of initiative & social responsibility, and to promote Active citizenship, Social inclusion & Intercultural dialogue among young people from Eastern Slovakia.

At the local level, we focus on Youth Empowerment and the Youth's ability to participate actively in society.

We strongly believe in the value of Non-formal education and experiential learning. For these reasons, YY on regular basis organizes various seminars, educational and training activities, cooperates with local schools, educational centers, universities, and introduces innovative educational approaches to young people, youth leaders, and youth workers.

We increase young people's awareness about available learning, volunteering and work opportunities on the local, national or international level, empower them to apply for various educational programs, training courses, conferences, volunteering activities and internships. As a sending and an intermediary institution, we enable young people to use all of these opportunities, moreover provide them with appropriate mentoring, and assistance. On the international level, we are part of numerous well-built partnerships and networks supported by different educational programmes and initiatives e.g. Erasmus+, International Visegrad fund, European Youth Foundation, European Solidarity Corps.

- Country: Slovakia
- Address: Mlynky 17
- Website: <u>https://youthfullyyours.sk/en/home-2/</u>
- Contact e-mail: info@youthfullyyours.sk

Aims and Objective of the project: AHS project, "Sicily against hate speech" is a youth workers mobility project that will be held in Ragusa from 12 to 25 Mary 2021 and will see the presence of 28 participants from 7 countries European countries. The purpose of the project is to provide participants with tools and information on the countering fake news, media manipulation and hate speech. The project aims to curb the growth of nationalism and discrimination based on ethnicity and and origin. combating communicative violence in the world of information. With the SAHS project, the experience on free and independent information is made available in order to give tools to recognize the manipulation of news and the myths that are thus generated through fake news throughout Europe. The development of pseudo information has in fact facilitated the return of myths and fake news about the most vulnerable minorities; such myths easily spread to the strata of the population that have layers of the population that have more difficulty filtering news and retracing sources. Another objective of the project is to understand the role that youth workers play in the field of information, and improve the ability of young people to discern false news from true news and prevent it from triggering discrimination. phenomena of discrimination. The project will focus primarily on the category of refugees. Participants will be guided through non-formal education methods (simulations, group reflection, theater activities). group reflection, theatrical activities) to understand how manipulated news lead in a more or less direct way to more less direct, to more or less direct forms of discrimination. The organizations in the partnership agree on the worrying levels of discrimination and incitement to ethnic and racial hatred today, due to the diminishing role of the media as the "watchdog" of political power. Therefore NGOs have a need to develop innovative pedagogical methods in order to enable young people to decipher the anxieties and problems of the society in which they are living. SAHS aims to give youth workers, aspiring journalists, activists in defense of minorities, with the tools to identify of fake news and the elaboration of a strategy to counter it. Our project is strongly strongly linked to the objectives of Erasmus+. In particular, it shares with it the macro-objective of encouraging young people to active participation, as reported by the European cooperation in the youth field (2010-18). We also share with it some more specific objectives, such as the participation of young people in the We also share with it more specific objectives, such as the participation of young people in democratic dialogue through the healthy and timely use of the media within the EU. In fact, young people who are more aware of their role and the responsible use of information sources can be less vulnerable to manipulation for purposes other than informing European citizens correctly. European citizens. Therefore, the project focuses on precise objectives, namely the development of specific to spread awareness of the critical use of the media in order to counter the phenomenon of fake news counteract the phenomenon of fake news; - support integration and counteract the conflict between residents and migrants; countering myths about religion and origin, promoting diversity as a richness provide non-formal education methods to understand and filter the news that young people may learn from social media and young people can learn from social media and traditional media; - foster a sense of belonging to the to foster a sense of belonging to the European community and its institutions to encourage the participation at all levels of aware and informed young people. The action that the partnership aims to implement, falls within the general objectives of the Erasmus + Program: participation in social and civic life, inclusion, fight against racism and stereotypes, improving social and relational skills of young people. SAHS provides, therefore, that there is no vertical hierarchy between teacher and learner, but that all participants can contribute equally to the definition of the phenomenon and the debate that Call 2019, Round 3, KA1 - Learning Mobility of Individuals. KA105 - Youth mobility FormId KA105-F75EE170 Deadline (Brussels Time) 1 Oct 2019 12:00:00 EN 40 / 107 activities will inevitably produce. The role of the trainers will be to support, moderate and present the project topics, enabling all participants to influence the expected outcome. .

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Good practices



- Impact of the project on the local community: The project is designed for youth workers, representatives of partner organizations that aim to provide them with skills and competencies for future work with young people in the context of manipulation by the by the media and increasing discrimination of minorities the impact you want to achieve with "SAHS. The project is designed to support partner organizations through the training of new participants, who will be able to bring with them an innovative educational background within the organizations and therefore countries: IMPACT ON THE ORGANIZATIONS - be able to attract other young people and together with them achieve a common goal; this will impact not only on the partner organizations but also on the young people themselves, who will be able to start to look differently at the organizations operating in the Erasmus plus program; the participants will be able to better approach young people (also through the agreed follow-up activities) and include new volunteers, agreed upon) and include new volunteers; - Improve the organizational skills of participants and organizations, since SAHS connects organizations from 7 countries, willing to educate youth and future journalists to recognize risks and future journalists to recognize the risks and complexities of the media system, in propagating discrimination and propaganda. For EVS accredited organizations, this represents an added value added value: giving the opportunity to learn activities with a high intercultural content, will give the possibility to use educational means to better understand the dynamics that can occur between volunteers, in order to between volunteers, in order to allow young people, a path of EVS as productive, smooth and safe as possible. possible. - Strengthen forms of collaboration with other European organizations, which take the form of building partnerships for future project ideas and in mutual support; once the organizations know how to Once the organizations know how to manage the methodologies of this project, they will be able to invest more in policies for the active participation of young people and the fight against extremism, both in terms of project activities in the project activities in the framework of "Erasmus +", as well as in counter activities at the local level. - Equipping group leaders and youth workers with competences and skills in the field of media analysis and media messages and their messages. Through these skills and competencies, organizations and young people in their With these skills and competencies, organizations and young people in their communities will be able to be more responsible in their communication via social media, avoiding manipulation and discrimination, manipulation and discrimination. - Improving the capacity of organizations in preventing religious and political radicalism, developing practices to counter the phenomenon at the local level, improving their ability to make "common front" with other organizations present at the local level. IMPACT ON PARTICIPANTS and TARGET GROUP - Increased knowledge of the other and therefore a better way of relating to members of other national groups involved. national groups involved; the project aims to create the conditions for collaboration between the organizations within the partnership and above all to provide the members of the organizations with tools to enable young people to appreciate the value of the project, of tools to enable young people to appreciate the other's point of view and ultimately, to coexist peacefully despite having different ways of life. peacefully despite having different ways of seeing the world; - Stimulate in young people the feeling of tolerance and altruism, while opposing and rejecting the discriminatory and xenophobic attitudes influenced by some media; the project provides an atmosphere that allows an atmosphere that allows everyone to express themselves without fear of being discriminated against or criticized for their opinions. criticized for their opinions. It also encourages more than one point of reflection on communication, by making young people take responsibility for the messages they convey; - they will improve their communication and organizational skills; the improvement will affect both the Call 2019, Round 3, KA1 - Learning Mobility of Individuals. KA105 - Youth mobility FormId KA105-F75EE170 Deadline (Brussels Time) 1 Oct 2019 12:00:00 EN 86 / 107 linquistic side (knowledge of English) and the side of communicative effectiveness (being able to communicate one's own point of view). (being able to communicate one's point of view, emotions and needs). - greater stimulus to their creativity and increased willingness to get involved, being able to understand their own attitudes and limitations. -being more active and inclined to influence society and defend it from hatred and discrimination, thanks to sessions such as "Veil exercise", "Media Manipulations, Politics", "four quadrants and Mechanism of Discrimination," "Letter to Those I Discriminated Against," "Facts and Myths," "Discrepancy between Media and Reality," will be able to counter the phenomenon of radicalization and discourage bad behavior influenced by bad examples; they will know how to promote and foster change, encouraging a more mature, responsible and central role of young people in the process of fighitng disctimination. The project want also to develop new tools and online methods for Youth workers. We expects to make youth workers understand that an online mobility is effective and it it an innovative way to developes new activities and training course.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 20%
- The volunteers: Planned the project, Managed the project
- Funding / EU programme co-funding the project: Eu program
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: Beeing in this project will be an opportunity to learn a new way to make youth work. Fighting discrimination is important mainly because it endanger our societies from the inside, I want to have the tools to fight back!- Italian volunteer
- Keywords: Anti-discrimination- Hate speech- Journalism- training course- Generazione Zero- online mobility- Articles- discrimination-Youth Pass- lerning- Youth working
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES

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#Mededoen

- Name of the project: #Mededoen
- Website: https://www.nov.nl/koers+mee/programmas/progmeedoen/default.aspx
- Project type / Field:
- Integration, asylum seeker/status holder support
- Short description of the project:

This project aims to encourgae the early involvement of asylum seekers and status holders in volunteer work to help them practice the language and build a social network and future in the Netherlands.

- Lead organization:
 - Name: Association of Dutch Voluntary Organisations (NOV)
 - **Short description**: The organisation aims to strengthen the position of volunteering in society. They collect advococacy work, ensure quality of volunteer work and strengthen the support of the members in the association.
 - **Country**: Netherlands
 - Address: Koningin Wilhelminalaan 3 3527 LA Utrecht
 - Website: https://www.nov.nl/default.aspx
 - Contact: 030 230 7195 / algemeen@nov.nl
- Aims and Objective of the project: This project aims to involve asylum seekers and status holders in work to help practice their language skills and build contacts.
- Impact of the project on the local community: This project helps to integrate asylum seekers and status holders into society and enables them to develop beneficial skills. It is beneficial for organisations and volunteer centres as it creates a more diverse volunteer base
- The volunteers: Have been involved in the participation
- Funding / EU programme co-funding the project: EU programme
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "It's a really good way to be in touch, practice the language and meet new people."
- Keywords: Netherlands, asylum seekers, status holders, integration, language
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







ROUTE WB6 - Regional Cross Border Volunteer Program

- Name of the project: ROUTE WB6 Regional Cross Border Volunteer Program
- Website: <u>https://routewb6.org/</u>
- Project type / Field:
- Volunteer exchange programmes
- Short description of the project:

The project promotes volunteering development through policy to increase the outreach of young people who volunteer. It establishes a regional volunteer service and regional volunteer programme called ROUTE WB6. 50 individuals will have the opportunity to get involved in long-term exchanges and around 500 young people will participate in group volunteer exchanges.

- Lead organization:
 - Name: SEEYN
 - Country: Bosnia and Horzegovina
 - Address: Skenderija 15 (first floor) 71000 Sarajevo Bosnia and Herzegovina
 - Website: https://www.seeyn.org/index.php
 - Contact: hello@seeyn.org
- Partners:
 - Partner 1:
 - Name: NORAD Norway Ministry of Foreign Affairs
 - Short description: Norad is the Norwegian Agency for Development Cooperation. It promotes the quality-assurance of Norwegian Development Cooperation.
 - Country: Norway
 - Address: Bygdøy allé 2, 0257 Oslo
 - Website: <u>https://www.norad.no/en/front/about-norad/</u>
 - Contact e-mail: postmottak@norad.no
- Aims and Objective of the project: The overall objective of ROUTE WB6 project is to make young people from WB region drivers of reconciliation and societal reconstruction, enabling them to apply European values, initiate and lead intercultural dialogue and regional cooperation towards socio-economic and democratic development.
- Impact of the project on the local community: Promotes peacebuilding in the region and volunteers will support local initatives.
- The volunteers: Participate in volunteering
- Funding / EU programme co-funding the project: Funded
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "The experience was amazing and life-changing! We had so much fun, we learned a lot, and new friendships were born."
- Keywords: Youth mobility, volunteering, peacbuilding, cross border
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







UNHIDE

- Name of the project: UNHIDE (BE)
- Website: <u>https://www.filantropija.org/odkrij-se-be/</u>
- Project type / Field: Youth
- Short description of the project:

A international youth exchange took place and was attended by 33 young people and 10 youth leaders. Participants came from Slovenia, Croatia, Germany and Great Britain. Young migrants and refugees were also among the participants. The theme of this exchange was directed at the stories.

- Lead organization:
 - Name: Filantropija Slovenska
 - Short description: Slovenian Philanthropy, Association for the Promotion of Volunteering, is a humanitarian organisation that has been in the public interest since 1992. Our programs are aimed at raising the quality of living in the community and in the advocacy of the socially weaker. Our core activity is to promote volunteering, as we believe that by volunteering we can all contribute to a better and more tolerant society based on respect for all, regardless of personal and life circumstances. We offer training for volunteers, mentors and organizers of volunteering and educational content for various stakeholders.
 - Country: Slovenia
 - Address: Road Dolomite Detached 11 1000 Ljubljana
 - Website: <u>https://www.filantropija.org/</u>
 - Contact: info@filantropija.org
- Aims and Objective of the project: The purpose of the exchange was to enable quality holidays, where they could come into genuine contact with themselves and with others. Together, they created an intercultural environment in which everyone had the opportunity to talk openly about their personal challenges
- **Impact of the project on the local community**: Young people came into an intercultural environment that allowed them to meet new people, learn, create and create new friendships.
- The volunteers: Have been involved in the activities
- Funding / EU programme co-funding the project: EU Funded
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: I heard that there were volunteers as well as minor refugees and asylum seekers among the participants, which I thought was a good opportunity to meet new people, but I was not entirely sure of what to expect. In the end, it turned out to be an invaluable experience for me. I feel like I've gone through a lot of personality change, I've had a different view of the world since then and I see things more broadly.
- Keywords: youth exchange, refugees, migrants
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Live It Lisbon!

- Name of the project: Live It Lisbon!
- Website: http://www.a-spin.pt/liveit/
- Project type / Field:
- Social program focusing, community work, youthwork
- Short description of the project: The program consists of partaking in volunteer community work in Lisbon, and allows participants to contribute to helping communities in the city of Lisbon.
- Lead organization:
 - Name: SPIN Association
 - **Short description**: Spin Association for the Exchange, Training and Cooperation among Peoples is a non-profit organisation of national scope, whose fundamental objectives are to promote and defend the intercultural dialogue, human rights, equal opportunities, solidarity and social inclusion. The main tool we use to achieve our fundamental objectives is the implementation international mobility projects.
 - Country: Portugal
 - Address: Rua Rio Tejo, nº 7 Antiga Escola Rio Tejo 1600-746 Lisbon (Portugal)
 - Website: http://www.a-spin.pt/english/
 - Contact: geral@a-spin.pt
- Aims and Objective of the project: The idea behind Live it Lisbon! is to give the opportunity for participants to experience a culture other than their own through community work, language classes and cooking workshops, also while sharing the experience with the other participants.
- Impact of the project on the local community: During the mornings participants will work with the association staff and local people for the maintenance of the neighbourhood by cleaning and painting the walls, cleaning the streets and promoting attitudes towards recycling. Furthermore activities with local kids may be organized; volunteers may organize and participate in sport tournaments, inclusive workshops on various topics, according to your interests, and language tandem in which volunteers can practise Portuguese and the children can practise their English skills.
- The volunteers: Have been involved in the activities
- Funding / EU programme co-funding the project: Funded
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: We did a lot of group building and fun activities and I made a lot of new friends from different cultures.
- Keywords: youthwork, community service, group building



Good practices



Reveal II

- Name of the project: Reveal II "Reconstructing an Environoment for contining professional development and Validation for Educators in Adult Learning"
- Website: <u>https://reveal-eu.org/project/</u>
- Project type / Field:
 - Life-long learning Programme, Volunteering in Europe through Adult Learning
- Short description of the project:

OER-REVEAL-2 builds on the success and lessons of REVEAL, a best practice project funded by the Lifelong Learning Programme. This was focused to mainstream approaches and instruments both proffesionally and systematically for Adult Educationalists across Europe. OER-REVEAL-2 builds upon a successful project that produced 12 courses in 6 languages and transposes it into OER environment in 11 languages.

- Lead organization:
 - Name: Pro VObis National Resource Centre for Volunteerism
 - Short description: Tevelop volunteerism through training, consultancy, research and facilitation of networking of all interested stakeholders, and to promote volunteerism in Romania
 - Country: Romania
 - Address: "No.1, Virgil Fulicea street, ap. 1 400022 Cluj-Napoca Romania"
 - Website: http://www.provobis.ro/contact-en/
 - Contact: Tel. / fax: 004 0264-412897 E-mail: provobis [at] provobis.ro
- Partners:
 - Partner Oranisations:
 - CSV Centro Solidarietà Incontro Ascolto e Prima Accoglienza (IT)
 - BEST Institut (A)
 - Felnőttképzők Szövetsége (HU)
 - KSEAD Kultur Sanat Egitim Akademi Dernegi (TR)
 - IHF Institut de Haute Formation aux Politiques Communautaires asbl (B)
 - ETNOLIGA Fundacja dla Wolnosci (PL)
 - HELP (HR)
 - PRO VOBIS Centrul National de Resurse pentru Voluntariat (RO)
 - FORUM Idéburna organisationer med social inriktning (SE)
 - IWS Internet Web Solutions Srl (ES)
 - IDP Italian Development Partners SAS (IT)
 - NCVO National Council for Voluntary Organisations (UK)
 - "The partnership encompasses representatives of the third sector, volunteering associations, facilitators for the volunteering sector, private sector service providers and research centers active in the field of civil society and volunteering."
- Aims and Objective of the project: The aim REVEAL 2 envisions is a consortium of 12 partners from 11 countries (Austria, Belgium, Croatia, Hungary, Italy, Poland, Romania, Spain Sweden, Turkey and the UK) and aims to expand the scale and scope of the REVEAL project in enhancing the capacity of the Third Sector. Though opening the project results to the widest public through Open Educational Resources: the purpose of this proposal is to bring into OER environment the wealth of knowledge, materials and content, specifically: 1. the web-based self assessment tool, to map, formalize and value the knowledge and competences of adult learners 2. a set of multilevel web-based training solutions 3. interactive training content & material, library of relevant knowledge, expertise, case studies, etc
- Impact of the project on the local community: Between 2017 and 2019, REVEAL developed several outcomes including: A Qualifications framework thorugh creating a competence framework for AE professionals A modual competence oriented learning approach that compromises of the background theories of the Competence Oriented Learning and Validation A curriculum for a modular Qualification for course providers A strategy for the Professionalisation of Educational personnel in Adult Education
- The volunteers: The volunteers are opperational based through the partner organisations and support through multiple services
- Funding / EU programme co-funding the project: The project is finacially supported by the European Comission through the Erasmus+ program, Key Action 2

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- Keywords: Educational Resources, Adult-Learning, Life-Learning, Validation Tool, Adult Education providers
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







VTI Project Volunteering as a tool for Inclusion

- Name of the project: VTI Project Volunteering as a tool for Inclusion
- Website: http://old.dobrovolnickecentra.sk/subory/Recommendations_final.pdf
- Project type / Field:
 - International exchange/Intercultural experience/culture/education
- Short description of the project:

The VTI Project brings together volunteer centers and volunteer organizations from 8 European countries. The overal aim is to increase the social inclusion of disadvantaged and marginalized peripheral groups through volunteering in partner countreis and to share exisitng experiences/practices/tools in this particular field.

- Lead organization:
 - Organizations:

• The project was carried out by 8 partner organisations from the European countries: Croatia, Denmark, Hungary, Ireland, Italy, Lativa, Romania and Slovenia.

- Aims and Objective of the project: Objectives of the project: -
 - Exchanging experiences between Member States: how to involve disadvantaged people in volunteering.
 - - Developing a framework for cooperation with different vulnerable social groups: disabled, unemployed, the elderly, socially disadvantaged, other groups such as migrants, minorities, etc.
 - - Develop a kind of guide for the preparation of volunteer coordinators to help the coordinator involve these groups in working with the volunteers.
 - - A compilation of good practices to encourage additional volunteer centers and organizations employing women.
- Impact of the project on the local community: The project results developed a set of recommendations for organizing host volunteer programs This publication provides useful practical advice for organizations employing volunteers on how to work with volunteers in special groups and how to help these organizations prepare to receive vulnerable volunteers.
- Roles of the volunteers in which percentage the project has been implemented by volunteers: VIOs with a good quality volunteer management system provide their volunteers with regular supervision reguarly. They also provide volunteer coordinators with supervision internally, or send them for regular supervision provided by other organisations or local volunteer centres.
- The volunteers: Support and supervision of volunteers is essential, regardless of the tasks that they are performing. Volunteers doing administrative or manual activities and whilst not working directly with clients also have a chance to discuss any issues they encounter while volunteering. 80%
- Funding / EU programme co-funding the project: This project has been funded with support from the European Commission.
- Keywords: Disadvantaged groups, social inclusion, shared-experiences
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







PREVENT

- Name of the project: "Optimizing Volunteer Services in Times of Refugee Crisis"
- Website: http://legis.mk/news/2222/optimizing-volunteer-services-in-times-of-refugee-crisis
- Project type / Field:
- Education and training, Equality and non-discrimination, Inclusion
- Short description of the project:

The project was implemented from September 2016 until November 2016 and its goal is to offer recommendations for optimising volunteer services in times of refugee crisis.

- Lead organization:
 - Name: Association 'MI'
 - Short description: The Association "MI" Split has been implementing programs to support citizens and community development by encouraging cooperation, solidarity and involvement of citizens, in order to establish social cohesion.
 - Country: Croatia
 - Address: Hrvojeva, Sinjska 7 21000 Split Croatia
 - Website: <u>www.udruga-mi.hr</u>
 - Contact: info@udruga-mi.hr
- Partners:
 - Partner Oranisations:
 - Croatian Volunteer Centres Network (Croatia)
 - Novi Sad Humanitarian Centre (Serbia)
 - Legis (Macedonia)
 - Voluntary Action Sheffield (UK)
 - Önkéntes Központ Alapítvány (Hungary)
 - European Volunteer Centre (Belgium)
- Aims and Objective of the project: The primary objective of the project is to contribute to further strengthening of the role of volunteers in times of crisis in Europe; and more specifically, to provide evidence-based recommendations for the improvement of the voluntary services on EU level.
- Impact of the project on the local community: The project created a survey to research volunteer sercies provided to refugees and migrants in the UK, Macedonia, Serbia, Croatia and Hungary. Refugees and migrants were mainly satisified with the work and dedication of volunteers, as well as their coordination.
- Roles of the volunteers In which percentage the project has been implemented by volunteers: 71 volunteers in total completed the survey Volunteers were mainly provided with orientation in the field (divisons of task, etc.). Some volunteers reported haing training in first aid or basics of providing psycho-social support 80%
- The volunteers: One of the project activities, with the aim of collecting as much relevant field experience as possible, has been the search of websites and social network sites of relevant organizations that support and organize volunteer work to help refugees. Volunteers collected more than 40 websites in total of 13 countries across Europe.
- Funding / EU programme co-funding the project: Co-funded by the Europe for Citizens Programme of the European Union
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: The volunteers, among whom Gabriela Andreevska and Driton Maliqi from Legis, shared their personal experience of coping emotionally with the refugee crisis and expressed the need for more structural changes and coordinated political action on the part of NGOs and informal/independent networks and movements.
- Keywords: integration, volunteering, language learning, mentorship, refugee, training,
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES

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Grundtvig

- Name of the project: Grundtvig project YODUL THE ADULTS AND YOUNG: PARTNERS IN INTERGENERATIONAL DIALOGUE
- Website: <u>https://www.e-seniors.asso.fr/yodul/index.php</u>
- Project type / Field:
- International exchange/ Intercultural experience/ social work/ education
- Short description of the project:

The YODUL project (the YOung and aDULts) seeks to identify and develop innovative methods for enhancing the intergenerational dialogue between the adults and the young in European countries; and then, to disseminate the findings and the good practice widely. The project wants to develop the collaboration between the adults and the young in EU standards, and arrange activities and dialogue meetings so as to improve the collaboration to the benefit of the adults in the European educational system.

- Lead organization:
 - Name: ORHANELI HALK EGITIMI MERKEZI
 - Short description: Orhaneli Halk Egitimi Merkezi (Orhaneli Community Training Center) has been serving the community for 31 years. Orhaneli, as being an agricultural and rural town in Turkey, have many uneducated adults and many of these people live in villages in Orhaneli.
 - Country: Turkey
 - Address: Gazipaşa, Hakkı Yıldız Cd., 16980 Orhaneli/Bursa, Turkey
 - Website: http://www.halkegitimkurs.com
 - Contact: Phone: +902248171142
- Partners:
 - Partner Oranisations:
 - CEPAPUB ROSALIA DE CASTRO Spain I
 - NSTITUT E-SENIORS France
- Aims and Objective of the project: Short-term objectives:
 - A) To enhance the life standards of the adults in participating countries.
 - B) To increase and empower the communication link between the adults and the young by means of dialogue interaction and communication skills.
 - C) To indoctrinate the adults with the idea of adaptation to the modern world.
 - D) To establish partnerships between adults and the young, improving their self-esteem and the consciousness of working together.
 - E) To awaken and share examples of innovative methods and good practice among our partners.
 - F) To use and integrate ICT for partnership-communication and dissemination, as well as inviting adults to make use of it.
 - G) To provide the adults with basic social information such as nutrition, health care, basic maths knowledge and, especially, literacy.
 - H) To develop the cultures of the participating countries.
- Impact of the project on the local community: Cultural activities will take place in national media. These activities are culture based and the ones which are in danger of extinction. Meetings between the young and adults will be arranged. The problems of the adults will be debated and the adults will be given the opportunity to solve their problems creatively.
- The volunteers: Volunteers have been involved in the activities
- Funding / EU programme co-funding the project: This project has been funded with support from the European Commission
- Keywords: Turkey, volunteers from Turkey, education, workshops, young people, Intergeneration.
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES







Lilalu Bildungs- und Ferienprogramme

- Name of the project: Lilalu Bildungs- und Ferienprogramme
- Website: https://www.lilalu.de/blog/
- Project type / Field:
 - Physical education and sport, inclusion, social assistance and welfare
- Short description of the project: At Lilalu, we organise all-day workshops for children and young people during all Bavarian school holidays. In addition, we also offer full-day care at schools, as well as school project weeks.
- Lead organization:
 - Name: Johanniter-Unfall-Hilfe e.V.
 - Short description: Johanniter-Unfall-Hilfe has been active in a wide range of social and charitable areas for more than 65 years. It stands in the tradition of the Protestant Order of St John, whose most important concern has been helping people for centuries. With currently 25,000 full-time employees, more than 43,000 volunteers and 1.2 million supporting members, Johanniter-Unfall-Hilfe is one of the largest aid organisations in Europe and at the same time a large company in the social economy. Johanniter is involved in rescue and ambulance services, disaster management, care and nursing of elderly, sick and refugees, driving services for people with limited mobility, work with children and young people, hospice work and other assistance in the charitable sector, as well as in humanitarian aid abroad, for example in famine and natural disasters.
 - Country: Germany
 - Address: Leonrodstraße 10, 80634 München
 - Website: https://www.johanniter.de/
 - Contact: lilalu@johanniter.de
- Aims and Objective of the project: At the Lilalu holiday programme, children and young people have fun learning new arts from aerial artistry to dance to stunt action and parents get competent support at the all-day holiday care for children and young people from four to 13 years. In the workshops led by professionals, participants acquire new skills in various sports and arts such as vertical aerial arts, trampolining, graffiti, cheerleading, football, acrobatics, self-defence arts, magic and more. They make friends and strengthen social skills such as self-confidence and teamwork. The workshop leaders are assisted by qualified holiday supervisors who look after the young artists.
- Impact of the project on the local community: Very high impact
- The volunteers: planned, managed, have been involved in implementation
- Funding / EU programme co-funding the project: own funding, EU-funding
- Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "It is very nice to see how Lilalu contributes to social inclusion and manages to make holidays special even for the children who do not get to go on a nice vacation due to lack of money or other resources. Lilalu makes a difference!"
- Keywords: inclusion, holidays, welfare, workshops, activity, sports
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES









EWMD International - Mentoring Program

- Name of the project: EWMD International Mentoring Program
- Website: <u>https://ewmd.org/ewmd_international_-_mentoring.php</u>
- Project type / Field:
- inclusion, innovation, culture, education & training
- Short description of the project:

Mentoring has been proven to have a significant impact on peoples' careers. Personal growth and learning is a key skill in today's business world and the exchange of knowledge is crucial to achieve that goal. Mentoring accelerates self-development, career progression, and overall self-confidence. The EWMD collects a lot of experienced and senior women who are willingly sharing their knowledge over webinars and the personal exchange already. Bringing these two subjects – the personal learning journey and the existing knowledge in our network – together in a systematic approach seems like the next logical step.

- Lead organization:
 - Name: European Women's Management Development Network
 - Short description: European Women's Management Development is an international nonprofit network established in 1984 by women for women and men in management. Our main goal is to increase women's visibility and participation in higher positions in business and society. EWMD believes that quality levels of management can be increased and enriched through more female presence and diversity. EWMD is constantly engaged in international dialogue, contributing to and profiting from the whole Network through global interaction and exchange. We aim to support women's careers in management and further develop the knowledge and skills of female executives on a national and international level.
 - Country: Germany
 - Address: Anklamer Straße 38 10115 Berlin
 - Website: https://germany.ewmd.org/
 - Contact: germany@ewmd.org
- Aims and Objective of the project: Our main goal is to increase women's visibility and participation in higher positions in business and society. EWMD believes that quality levels of management can be increased and enriched through more female presence and diversity.
- · Impact of the project on the local community: Very high impact
- The volunteers: planned, managed, have been involved in implementation
- Funding / EU programme co-funding the project: own funding, EU-funding

Quotes from a volunteer involved, volunteer organisation or beneficiary (Target Group) of the project outcomes: "EWMD is constantly engaged in international dialogue, contributing to and profiting from the whole Network through global interaction and exchange. We aim to support women's careers in management and further develop the knowledge and skills of female executives on a national and international level."

- Keywords: inclusion, gender equality, international, interaction, support
- Quality Standards of project with volunteers:
 - Volunteering basic standards: YES
 - Inclusivity: YES
 - Validation: YES

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Project number: 2019-1-IT02-KA204-063430

Learn more about the Project Partners:











Centrum Wspierania Edukacji i Przedsiębiorczości

SOLIDAR

contact

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